

21ST
CENTURY[®]



STANDARDIZED

Milk Thistle EXTRACT



Healthy Liver Support*

501079-0521

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 100

Amount Per Serving % Daily Value

Total Carbohydrate	<1 g	<1% [†]
Dietary Fiber	<1 g	2% [†]
Milk Thistle Powdered Extract (standardized concentrate of <i>Silybum marianum</i>) (seed)	175 mg	**

[†] Percent Daily Values are based on a 2,000 calorie diet.
^{**} Daily Value not established.

Other Ingredients: Cellulose, Starch.
Contains <2% of: Magnesium Stearate, Silicon Dioxide.



PROUDLY MANUFACTURED BY
21ST CENTURY HEALTHCARE, INC.
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21stcenturyvitamins.com

GUARANTEED QUALITY
LABORATORY TESTED

TRUSTED
QUALITY
FOR OVER
30 YEARS

Milk Thistle Extract has been traditionally used to support liver health.* Silymarin, the active complex found in Milk Thistle Extract, supports antioxidant activity.*

Directions: As an herbal supplement, adults take two (2) capsules daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. Suitable for Vegans.

ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

HERBAL SUPPLEMENT | GLUTEN FREE | NON-GMO

200 VEGETARIAN CAPSULES