

Living life with your health and wellness
in mind is living life well!

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Yeast, Artificial Flavors or Colors.
Gluten Free.

[†]This product is not manufactured or distributed by Nature's Way Products, LLC, owner of the registered trademark Alive!®.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
501475-0620N



21ST
CENTURY.

Wellify!™

LIVING LIFE WELL

COMPARE VS. ALIVE!® MEN'S 50+[†]



**MEN'S
50+ MULTIVITAMIN
MULTIMINERAL
FOOD-BASED BLEND**

DIETARY SUPPLEMENT **65 TABLETS**



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (30% as Beta-Carotene)	1,500 mcg 167%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin C (as Ascorbic Acid)	120 mg 133%	Magnesium (as Magnesium Oxide)	100 mg 24%
Vitamin D ₃ (as Cholecalciferol)	20 mcg (800 IU) 100%	Zinc (as Zinc Oxide)	26.3 mg 239%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	27 mg 180%	Selenium (as Sodium Selenate)	122.5 mcg 223%
Vitamin K (as Phytonadione)	80 mcg 67%	Copper (as Copper Sulfate)	2 mg 222%
Thiamin (as Thiamin Mononitrate)	4.5 mg 375%	Manganese (as Manganese Sulfate)	4 mg 174%
Riboflavin (Vitamin B-2)	3.4 mg 262%	Molybdenum (as Sodium Molybdate)	75 mcg 167%
Niacin (as Niacinamide)	30 mg 188%	Fruit & Vegetable Blend	100 mg **
Vitamin B-6 (as Pyridoxine HCl)	6 mg 353%	Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprouts, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach.	
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Lycopene	600 mcg **
Vitamin B-12 (as Cyanocobalamin)	100 mcg 4,167%	Lutein	300 mcg **
Biotin (as d-Biotin)	300 mcg 1,000%	Boron (as Amino Acid Chelate)	150 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg 300%		
Calcium (as Calcium Carbonate)	200 mg 15%		

Other Ingredients: Cellulose, Dicalcium Phosphate, Maltodextrin, Croscarmellose Sodium, Gelatin, Rice Hull Concentrate. Contains <2% of: Guar Gum, Magnesium Stearate, Palm Olein, Stearic Acid, Sunflower Lecithin.

ACTUAL SIZE

