

21ST
CENTURY.



Fish Oil

1200 mg

Omega-3 | 360 mg



Heart Health Support*

DIETARY SUPPLEMENT

140 SOFTGELS



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	15	
Total Fat	1 g	1% [†]
Polyunsaturated Fat	0.5 g	**
Cholesterol	5 mg	2%
Fish Oil Concentrate	1,200 mg	**
Provides 360 mg of total Omega-3 Fatty Acids comprising of:		
EPA (Eicosapentaenoic Acid)		**
DHA (Docosahexaenoic Acid)		**

[†]Percent Daily Value is based on a 2,000 calorie diet.

** Daily Values not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Purified Water, Mixed Tocopherols.
Contains soy and fish (anchovy, cod, herring, mackerel, salmon, sardine and sprat).

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EPA and DHA are important Omega-3 fatty acids that support cardiovascular health as well as being important components of the cells in the body.* 21ST Century Fish Oil contains high quality molecularly distilled fish oil concentrate. Purified to eliminate Mercury.

Directions: As a dietary supplement, adults take one (1) softgel with any meal, up to three (3) times daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

WARNING: Consult a healthcare provider prior to use if pregnant, nursing, taking medications, including blood thinners, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store in a cool dry place.

No added Sugar, Salt, Yeast, Artificial Flavors or Colors.

ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.