

**SUGGESTED USE:** Adults take 2 veggie softgels daily with food, or as recommended by a qualified healthcare professional.

**QUALITY MATTERS:**



- ✓ Non-GMO Tested
- ✓ Gluten-Free
- ✓ Third Party Tested
- ✓ cGMP Compliant

**CAUTION:** KEEP OUT OF REACH OF CHILDREN AND PETS. DO NOT CONSUME WITH OTHER HIGH DOSE VITAMIN D SUPPLEMENTS. This product is intended for individuals who do not obtain the RDI through their daily diet. Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have a diagnosed medical condition, are taking a prescription medication (e.g., blood thinners), or are planning a surgical procedure. Do not exceed recommended daily intake. Do not use if safety seal is damaged or missing. Store at room temperature, in a dry place. Protect product from excessive heat, freezing, humidity and light.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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# VEGAN OMEGA+D3

Algae Oil

770MG OMEGA-3 | 125MCG (5000IU) D3  
SUPPORTS BONE & IMMUNE HEALTH\*  
VEGAN | GLUTEN-FREE | NON-GMO

60 Veggie Softgels | Dietary Supplement

## Supplement Facts

Serving Size: 2 Veggie Softgels

Servings Per Container: 30

|                                                                    | Amount Per Serving | % DV |
|--------------------------------------------------------------------|--------------------|------|
| Calories                                                           | 15                 |      |
| Total Fat                                                          | 1.5 g              | 2%** |
| Vitamin D (as D3, cholecalciferol)<br>(from lichen) (VEGADELIGHT®) | 125 mcg (5000 IU)  | 625% |
| Vegan Algal Oil Concentrate<br>(Schizochytrium sp.) (life's OMEGA) | 1400 mg            | †    |
| Total Omega-3 Fatty Acids                                          | 770 mg             | †    |
| DHA (Docosahexaenoic Acid)                                         | 420 mg             | †    |
| EPA (Eicosapentaenoic Acid)                                        | 210 mg             | †    |
| Other Omega-3 Fatty Acids                                          | 140 mg             | †    |

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Plantgel™ capsule (non-GMO modified tapioca starch, vegetable glycerin, purified water), sunflower seed oil, rosemary extract, tocopherols, ascorbyl palmitate.



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