# FUEL YOUR WORKOUT

SR® Pre Sweat is an advanced pre-workout formula that combines Leucine-Enriched Essential Amino Acids (EAAs superior to BCAAs), German-sourced Creatine, Beta-Alanine and other trademarked ingredients with a great taste we know you'll love. Whether you're on the court, field, or at the gym— SR® Pre Sweat is the perfect way to maximize & fuel your next workout!



& CREATINE







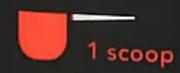
## ADVANCED PRE-WORKOUT



### BEGINNER







## SHAKE

First time users should start with a ½ scoop to assess individual tolerance. Mix in 8-10oz of water. Take 15-30 minutes before working out. Best in a shaker cup or water bottle. Once tolerance has been assessed, gradually increase to 1 scoop.

Note: Keep out of reach of children and pets. Beta-Alanine may cause a harmless tingling sensation in some individuals. Individuals sensitive to caffeine should not take this product.

FOR YOUR BEST WORKOUT, PAIR WITH SWEET SWEAT®

ADVANCED PRE-WORKOUT

Essential Amino Acids Creatine

Beta

 $\mathbf{2}_{\mathsf{G}}$ 

Coconut Water Powder

## WATERMELON YUZU naturally flavored

Monohydrate

DIETARY SUPPLEMENT - NET WT 14.46 OZ (410 G)

# Supplement Facts

Amount Per Serving % DV

Serving Size: 1 Scoop (20.5 g)^ Servings Per Container: 20

Calories	10	
Total Carbohydrate	3 g	1%**
Total Sugars	2 g	t
Choline (as Choline Bitartrate)	275 mg	50%
Potassium	190 mg	4%
Amino9® Essential Amino Acid Blend (L-Leucine, L-Lysine, L-Threonine, L-Isoleucine, L-Va L-Phenylalanine, L-Methionine, L-Histidine, L-Trypto	3500 mg aline, phan)	ţ
Creatine Monohydrate	2000 mg	†
CarnoSyn® Beta-Alanine	2000 mg	t
Coconut Fruit Water Powder	2000 mg	†
L-Citrulline	1500 mg	†
Betaine Anhydrous	1500 mg	t
Nitrosigine® Inositol-Stabilized Arginine Silicate	1500 mg	t
Acetyl-L-Carnitine	500 mg	t
CherryPURE® ( <i>Prunus cerasus</i> ) Whole Fruit Powder	480 mg	ţ
PurCaf® Organic Caffeine (Green Coffee Bean Extract)	200 mg	t
AlphaWave® L-Theanine	100 mg	†

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value not established

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Malic Acid, Calcium Silicate, Silicon Dioxide, Maltodextrin, Rice Starch, Sucralose, Acesulfame Potassium, Vegetable Juice (color).

ALLERGEN WARNING: Contains Tree Nuts (Coconut)

SUGGESTED USE: As a Dietary Supplement, healthy adults combine one scoop with 8-10oz of water & mix thoroughly. Best in a shaker cup or water bottle. Consume 15-30 minutes before your workout. Use  $\frac{1}{2}$  scoop to assess tolerance. **NOT TO EXCEED 1 SCOOP DAILY.** 

AMINO9® is a registered trademark of Compound Solutions, Inc. CARNOSYN® is a registered trademark of Natural Alternatives International, Inc. NITROSIGINE® is a registered trademark of Nutrition 21, LLC and is patented CHERRYPURE® is a registered trademark of Shoreline Fruit, LLC.

ALPHAWAVE® is a registered trademark of Ethical Naturals. CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS. NOT TO BE USED BY INDIVIDUALS SENSITIVE TO CAFFEINE. DO NOT USE IF PREGNANT OR NURSING. Consult with a qualified healthcare professional if you have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if seal is damaged or missing.

PURCAF® is a registered trademark of Applied Food Sciences, Inc.

STORAGE INFORMATION: Store at room temperature, in a dry place. Protect product from excessive heat, freezing, humidity and light.

^20.5 grams per scoop is an average. Individual scooping technique may yield slightly less or more than 20.5 grams. Variations in aroma, color, taste, and solubility may occur. It is normal to have some sediment remain after mixing. Packaged by weight, not by volume. The powder will settle after filling and cannot be avoided.



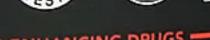














### Satisfaction Guarantee

We offer a full refund on the purchase price of your order (minus return cost) within 90 days of purchase. Restrictions apply. Please visit sportsresearch.com for full details.



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Manufactured and Quality Tested in USA. Ingredients carefully sourced from around the world.

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