Directions: Take three capsules daily or as directed by your health care provider.

Warnings: Not intended for persons under the age of 18. Do not use if pregnant or nursing. Before use, consult healthcare professional, especially if you have a pre-existing condition or take prescription medicines.







Keep out of reach of children.

- Store tightly closed at room temperature (away from heat, light, moisture).
- Do not use if seal is broken.
- †These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

















brain c-13

brain health support[†]

helps support mental awareness[†] aids cognitive health[†] helps boost mood and energy[†]

DIETARY SUPPLEMENT — 90 CAPSULES

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

Amount Per Serving		%DV*
Dimethylaminoethanol (DMAE) (as Dimethylaminoethanol bitartrate)	150 mg	,
Velvet bean seed (Mucuna pruriens) extract	150 mg	,
Rhodiola root extract (Rhodiola crenulata)(root)	150 mg	4
**Cognizin® Citicoline	150 mg	4
Rosemary Powder (Rosmarinus officinalis) (leaf)	150 mg	4
Gotu kola (Centella asiatica)(whole herb)	150 mg	4
Acetyl- L- carnitine (as acetyl-L-carnitine hydrochloride)	150 mg	-
Bacopa whole plant (Bacopa monnieri) extract	150 mg	4
Turmeric Powder (<i>Curcuma longa L.</i>)(root)	150 mg	1
Ginko leaf (Ginkgo biloba)(leaf)	150 mg	4
Phosphatidylserine	75 mg	9
Dimethylglycine (DMG)	75 mg	÷
Huperzine A [as toothed clubmoss (Huperzia serrata) extract]	300 mcg	1

Other ingredients: Gelatin, stearic acid, silica, rice bran extract, microcrystalline cellulose and sunflower oil.

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