SUGGESTED USE: As a dietary supplement, adults take two (2) capsules daily. For best results, take with 6-8 oz of water or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





bp thrive

DIETARY SUPPLEMENT — 60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving		%DV
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Magnesium (as magnesium oxide)	40 mg	10%
GABA (Gamma-Aminobutyric Acid)	500 mg	**
L-Theanine	200 mg	**
Baikal Skullcap Extract (std. to 30% baicalein complex)(root)	150 mg	**
Ashwagandha Extract (std to 1.5% withanolides)(root)	140 mg	**
Holy Basil Extract (Ocimum sanctum) (std. to 2.5% ursolic acid)(leaves)	140 mg	**
Lemon Balm Extract (Melissa officinalis) (stem, leaves, flower)	100 mg	**

** Daily Value (DV) not established.

Other Ingredients: Gelatin (capsule), brown rice flour

Distributed by:

BP Thrive | 1140 S. Highbrook St. Akron, OH 44301 | BPThrive.com