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or visit healthydirections.com
Choose REFILL & SAVE and Never Run Out!

Dr. Sinatra's advanced, powerful heart health and healthy aging formula, **Omega Q Plus[®] MAX**, provides support for optimal heart and vascular health, blood flow^{*}, brain health, a healthy inflammatory response, cellular energy, and healthy aging.[†]

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex[®] 3+, Capros[®] and PrimaVie[®] are registered trademarks of Natreon, Inc.

CalaMarine[®] is a registered trademark of Pharma Marine AS.

HydroCurc[®] and LipiSpense[®] are registered trademarks of Pharmako Biotechnologies Pty. Ltd.

Hydro Q-Sorb[®] is a registered trademark of Tishcon Corp.

[†]Healthy support for levels already within normal range.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra



Dietary Supplement
90-Day Supply • 180 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 90

Amount Per Serving	% DV
Calories	20
Total Fat	1.5 g 2%*
Cholesterol	<5 mg 2%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	30 mg 1,765%
Folate	680 mcg DFE (400 mcg folic acid) 170%
Vitamin B12 (as cyanocobalamin)	500 mcg 20,833%
Chromium (as Crominex [®] 3+ chromium stabilized with Capros [®] standardized Amla Extract (fruit), PrimaVie [®] purified and standardized Shilajit)	400 mcg 1,143%
CalaMarine [®] Oil Concentrate (from squid)	1.3 g †
DHA (as docosahexaenoic acid ethyl ester)	350 mg †
EPA (as eicosapentaenoic acid ethyl ester)	200 mg †
L-Carnitine Fumarate	174 mg †
HydroCurc [®] (90% Turmeric Extract (rhizome) with 10% LipiSpense [®] providing 100 mg curcuminoids)	125 mg †
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb [®])	100 mg †
Trans-Resveratrol	30 mg †

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, medium chain triglycerides, yellow beeswax, dicalcium phosphate, purified water, sunflower lecithin, mixed tocopherols (preservative, from soy), sunflower oil, silica, lemon oil, microcrystalline cellulose, annatto extract (color)

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Please see bottom of bottle for Lot No. and Expiration Date.

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