

90 CAPSULES
DIETARY SUPPLEMENT

+ Energy[†]
+ Immune System[†]



WOMEN'S GOLDEN MULTIVITAMIN

Solaray®
EST. 1973

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Do not use if you are pregnant.

Directions: Use only as directed. Take 3 capsules daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts Serving Size 3 Capsules Servings Per Container 30

Amount Per
Serving

% Daily
Value

Vitamin A (Beta Carotene, Retinyl Palmitate)	3,000 mcg	333%
Vitamin C (as Ascorbic Acid)	400 mg	444%
Vitamin D (as Cholecalciferol) (D-3)	10 mcg	50%
Vitamin E (as d-Alpha Tocopheryl Succinate)	330 mg	2,200%
Thiamine (as Thiamine Mononitrate) (B-1)	25 mg	2,083%
Riboflavin (B-2)	25 mg	1,923%
Niacin (as Niacinamide) (B-3)	40 mg	250%
Vitamin B-6 (as Pyridoxine HCl)	25 mg	1,471%
Folate 680 mcg DFE (400 mcg Folic Acid)		170%
Vitamin B-12 (Cyanocobalamin)	200 mcg	8,333%
Biotin	300 mcg	1,000%
Pantothenic Acid (from Calcium d-Pantothenate)	25 mg	500%
Calcium (from Calcium Citrate, Calcium Malate, Calcium Carbonate)	75 mg	6%
Iodine (from Potassium Iodide and from Kelp [<i>Laminaria</i> spp.])	150 mcg	100%
Magnesium (from Magnesium Oxide, Magnesium Citrate)	40 mg	10%
Zinc (from Zinc Citrate)	12 mg	109%

Other Ingredients: Gelatin Capsule, Soy, Rice Bran Extract, Sucrose, Silica and Cellulose.

[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:

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