

100 VEGCAPS
DIETARY SUPPLEMENT

+ Energy Support[†]

VITAMIN B-1

100 mg

Solaray[®]
EST. 1973



Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
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Thiamine (as Thiamine Mononitrate) (B-1)	100 mg	8,333%
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Other Ingredients: Whole Food Base (Whole Rice Concentrate including the Bran, Polishings and Germ, and Aloe Vera Gel), Vegetable Cellulose Capsule and Organic Rice Extract Blend.

Discussion: Vitamin B-1, also known as Thiamine, plays a necessary part in the body's pathway for converting carbohydrates into energy. Thiamine may help support skin, brain, cardiovascular and nervous system health.[‡]

[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

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Comments or Questions:

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