

#### **Real Food Sourced**

All-In-One Meal

FOOD! REAL WHOLE FOOD, we crave it, it fuels us, helps us heal and repair, and powers us through strenuous activity. We prepare it, meal plan with it, socialize with friends over it, and bring families together with it.

If you make great food choices you can achieve your physique goals, hit new personal records, and maintain a healthy and maintainable low body fat level.

Real whole foods will keep you sustained for longer, allowing you to make it through intense workouts, long days of meetings, or tasks, and keep you from binge eating due to hunger. The biggest problem for most is finding the time and/or energy for prepping these meals. Alternatively you could choose to have a food prep company prepare your meals for you, but this can be expensive and

many times these expensive meals end up in the COMPLETE garbage if they get left out or you fall off your plan for even a day and the meals go bad.

ALLMAX has created the world's best "WHOLE FOOD TO GO MEALS" with it's all new delicious MEAL PREP. Now you can tailor the size of your meal to match your activity level, from

125 calories all the way up to 500 calories per meal. It can be mixed on the go; it eliminates wasted food, and reduces prepping time to almost nothing.

With zero dairy proteins you don't have to worry about water retention, bloating, or any gastrointestinal distress if this is an issue for you. Our proteins come from high quality vegetable sources as well as meat sources such as beef, salmon, chicken, and eggs. We also source our slow releasing, low glycemic carbohydrates from oatmeal,

sweet potato, brown rice, quinoa and flaxseed. We use no simple carbohydrates like sugar or maltodextrin at all.

And since no meal is complete without health promoting vegetables & superfoods, MEAL PREP has an overabundance of these like kale, broccoli, spinach, blueberry, Reishi mushroom, turmeric, and the list could go on and on.

MEAL PREP Is All You Need For Your Healthy Nutrition Plan.

For more product information, visit ALLMAXNUTRITION.com

LEAN MEAL

MALTO-FREE

SOY-FREE

DAIRY-FREE



### UNSURPASSED: THE ALLMAX® QUALITY GUARANTEE

Every ingredient added and every lot produced is laboratory-tested for purity and potency to ensure consistent product quality and integrity every time, guaranteed. MEAL PREP goes through the exclusive ALLMAX 5-Stage Quality Testing protocol. In fact, we're so confident in the quality of our product that it's completely guaranteed. Test our product; we guarantee it passes every time or we pay for your testing and refund your purchase. You won't find anyone else willing to stand behind their product with this guarantee.

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# ALLMAX®



# REAL FOOD SOURCED



## ALL-IN-ONE MEAL

Protein Blend - Meat, Eggs & Legumes

Whole Grain Fusion - Rolled Oats, Rice, Quinoa, Flax, Nuts & Seeds

Fruit & Vegetable Medley - Dark Greens, Berries & Citrus

Superfood Matrix - Mushroom, Ginger & Matcha Green Tea

Electro Hydration Complex\* - Sea Salt, Calcium & Potassium

**5.6** LBS | PROTEIN SUPPLEMENT

Het Wt 2.54 kg (90 oz) NATURAL & ARTIFICIAL FLAVORS



FREE



Banana Nut Bread

DIRECTIONS: Blend, Mix or Shake 1 rounded scoop (32 g) with ~4-6 oz of cold water or low-fat milk, depending on desired taste and consistency, anytime you want an ultra-premium high-protein beverage.

## **Nutrition Facts**

About 20 servings per container

Serving size

4 scoops (128g)

Calories	Per 4 scoops 500 % DV*		Per 2 scoops <b>250</b> % DV*		Per 1 scoop 125 % DV*	
Total Fat	9g	12%	4.5g	6%	2.3g	3%
Saturated Fat	2g	10%	1g	5%	0.5g	3%
Trans Fat	0g		0g		0g	
Cholesterol	0mg	0%	0mg	0%	0mg	0%
Sodium	670mg	29%	335mg	15%	170mg	7%
Total Carbohydrate	55g	20%	28g	10%	14g	5%
Dietary Fiber	9g	32%	5g	18%	2g	7%
Total Sugars	2g		1g		0.5g	
Incl. Added Sugars	0g	0%	0g	0%	0g	0%
Protein	50g		25g		13g	
/itamin D	0mcg	0%	0mcg	0%	0mcg	0%
Calcium	234mg	18%	117mg	9%	59mg	5%
ron	4mg	22%	2mg	11%	1mg	6%
Potassium	438mg	9%	219mg	5%	110mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

LERGEN WARNING: Contains egg. fish (salmon), tree nuts (almond, walnut), wheat and sesame. Produced in a facility that also indicates milk, say, peanuts, fish/crustaceans/shellfish oils products.

### Real Food Sourced **Ingredients:**

**Protein Blend** 

RealPro Complex [Pea Protein Isolate, Beef Protein, Chickpea Protein, Chicken Protein, Ego White Albumin, Organic Pumpkin Seed Protein

weet Potato (Ipomoea batatas) Powder esame Seed Powder, Brown Rice Flour, inoa Powder, Golden Flaxseed Powder;

#### uits & Vegetable Medley

#### www.ALLMAXNUTRITION.com



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