

**PURE • FAST • EFFECTIVE**

**Lights Out Sleep™** from ALLMAX®.

- Vitamin B6** • Helps regulate sleep cycles\*
- Valerian Root** • Calming sedative action\*
- L-Theanine** • The calming component of Tea\*
- GABA** • Can induce deeper sleep\*
- Chamomile** • Gentle relaxation\*
- 5-HTP** • Supports serotonin\*
- Passion Flower** • Can increase GABA\*
- Melatonin** • Realigns the wake/sleep cycle\*

ALLMAX® has taken the best-of-the-best key ingredients known to produce a deep sleep and to get there quickly.\*

We all know that a good night's sleep is essential. Get to sleep fast so you can wake up feeling rested and refreshed.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PRODUCT OF USA



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PROFESSIONAL GRADE SUPPLEMENTS

**ALLMAX**

SCIENCE • INNOVATION • QUALITY • RESULTS

AM

PM

**LIGHTS OUT  
SLEEP™**

**DEEP SLEEP • BIG GAINS\***

- **Valerian Root Extract**
- **Melatonin**
- **Natural Plant Extracts**

**DIETARY SUPPLEMENT**

**60 CAPSULES**



**RECOMMENDED USE:** Take 1 to 2 capsules  
30 minutes before going to sleep.

## Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

AMOUNT PER SERVING

%DV

|                                                                                          |        |      |
|------------------------------------------------------------------------------------------|--------|------|
| Vitamin B6 (as Pyridoxal-5-Phosphate)                                                    | 10 mg  | 588% |
| Valerian root extract ( <i>Valeriana officinalis</i> )<br>(Std. to 0.8% Valerinic acids) | 250 mg | †    |
| GABA (Gamma-aminobutyric acid)                                                           | 150 mg | †    |
| Chamomile flower extract ( <i>Matricaria recutita</i> )                                  | 100 mg | †    |
| Passionflower ( <i>Passiflora incarnata</i> ) (herb)                                     | 60 mg  | †    |
| (5-HTP (Peak X Free) (as <i>Griffonia simplicifoli</i> )<br>(seed) Extract               | 50 mg  | †    |
| L-Theanine                                                                               | 50 mg  | †    |
| Lavender ( <i>Lavandula angustifolia</i> ) (aerial)<br>Extract                           | 30 mg  | †    |
| L-Tyrosine                                                                               | 20 mg  | †    |
| Melatonin                                                                                | 3 mg   | †    |

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Vegan Caps (Hypromellose), Maltodextrin,  
Rice Bran, Organic Rice Hulls.

Distributed by: **HBS International Corp.** 711 S. Carson St., Ste 4, Carson City, NV 89701

**WARNINGS:** Do not use if you are pregnant or nursing. Do not exceed the recommended dosage. Consult your physician prior to use if you are taking any prescription medications. Do not use if packaging has been tampered with. Store in a cool, dry place and keep out of direct sunlight. Keep out of reach of children.

**CALIFORNIA WARNING:** Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.000005 g of lead. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**ALLERGEN WARNING:** Produced in a facility that also handles Milk, Soy, Egg, Tree Nut, Peanut, Fish, Crustacean and Shellfish products.

GLUTEN  
FREE

VEGAN

CGMP  
REGISTERED FACILITY

LAB  
TESTED  
EVERY LOT