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Caution: Seek expert medical advice
before taking during pregnancy.
Keep Out of the Reach of Children
Store away from heat & light

SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water
or juice, two to five times per day.
Best taken between meals.

mature seed

FENUGREEK

SYSTEM RESTORATION

Reproductive*



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Fenugreek Liquid Extract

Ingredients: certified organic alcohol
(67-77%), distilled water & Certified Organic
Fenugreek extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 2.5

We prepare our Fenugreek Extract from seeds
of *Trigonella foenum-graecum* plants which are
Certified Organically Grown.

To assure optimal extraction of Fenugreek's
bioactive compounds, the seeds are harvested
in summer when they have fully matured, are
winnowed free of all chaff, and are then
thoroughly extracted.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.