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To assure optimal extraction of Fennel's bioactive compounds, the seeds are hand-harvested after maturing in late summer, are carefully shade-dried and cleaned of all chaff & stem, and are then thoroughly extracted.

Certified Organically Grown.

We prepare our Fennel Extract from mature seeds of *Foeniculum vulgare* plants which are

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LIQUID HERBAL EXTRACT

FENNEL

Foeniculum vulgare

Mature Seed



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Fennel Liquid Extract

Ingredients: certified organic grain alcohol (58-68%), distilled water & Fennel extractives.

Dry herb / menstruum ratio: 1 : 2.5

SUGGESTED USE

SHAKE WELL BEFORE USING

Two to five times per day
take 30 to 40 drops in a little water.

Caution: Consult a qualified midwife or physician before taking during pregnancy.

Keep Out of the Reach of Children

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