

+ Energy[†]
+ Red Blood Cells[†]

100 VEGCAPS
DIETARY SUPPLEMENT



TIMED RELEASE VITAMIN B-COMPLEX 75

Solaray
EST. 1973

Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Thiamine (as Thiamine Mononitrate) (B-1)	75 mg	6,250%
Riboflavin (B-2)	75 mg	5,769%
Niacin (as Niacinamide) (B-3)	75 mg	469%
Vitamin B-6 (as Pyridoxine HCl)	75 mg	4,412%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	75 mcg	3,125%
Biotin	75 mcg	250%
Pantothenic Acid (from Calcium d-Pantothenate)	75 mg	1,500%
Choline (from Choline Bitartrate)	29 mg	*
PABA (Para-Aminobenzoic Acid)	75 mg	*
Inositol	75 mg	*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Cellulose, Whole Food Base (Whole Rice Concentrate including the Bran, Polishings and Germ, Aloe Vera Gel), Silica, Magnesium Stearate, Stearic Acid and Magnesium Oxide.

Discussion: The two-stage, timed-release formula is designed to release half of the ingredients rapidly and the other half gradually over a period of up to 8 hours,** which may help extend the availability of these vitamins to the body over a longer period of time.[†]

**Based on in-vitro dissolution tests designed to simulate the digestive process. Individual results may vary.

[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:

Solaray
Park City, UT 84098 USA
800-538-5888 www.solaray.com



0 76280 04291 7

5907168 0521