

VITAMIN B-COMPLEX

50 mg

+ Energy[†]
+ Red Blood Cells[†]

250 VEGCAPS
DIETARY SUPPLEMENT



Solaray[®]
EST. 1973

Since 1973, we've scoured the globe for the highest quality ingredients, connecting you with the most efficacious supplements that help you live brighter & embrace the moments that matter most.



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 VegCap daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Thiamine (as Thiamine Mononitrate) (B-1)	50 mg	4,167%
Riboflavin (as Vitamin B-2)	50 mg	3,846%
Niacin (as Niacinamide) (B-3)	50 mg	313%
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2,941%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2,083%
Biotin	50 mcg	167%
Pantothenic Acid (from Calcium d-Pantothenate)	50 mg	1,000%
Choline (from Choline Bitartrate)	20 mg	4%
PABA (Para-Aminobenzoic Acid)	50 mg	*
Inositol	50 mg	*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Whole Food Base (Whole Rice Concentrate and Aloe Vera Gel), Magnesium Stearate and Silica.

[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfd. by Nutraceutical Corp.

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