

## • PROFESSIONAL GRADE SUPPLEMENTS •

**The Ultimate in Safety & Purity** - ALLMAX Pharmaceutical Grade CreaSyn™ Creatine is the ultimate in purity and safety; rigorously held to strict standards that meet or exceed 3rd-Party independent testing for WADA Banned Substances and cGMP guidelines. In addition, our Creatine is micronized to an ultra-fine, free-flowing powder. Most Creatine powders on the market today have particles that are as much as 250% larger!\*



- The new standard in Creatine
- Enhanced solubility
- World-Class purity specifications
- Pharmaceutical grade



**CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED.** This product has been skip-lot tested for banned substances for the assurance of athletes and supplement users under the Informed Choice program. For further information about the testing process and test results, please visit [www.CleanForAthletes.com](http://www.CleanForAthletes.com).



Made in USA with domestic and imported ingredients



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SCIENCE • INNOVATION • QUALITY • RESULTS

# ALLMAX®

## ESSENTIALS

# CREATINE

## PHARMACEUTICAL GRADE

- + IMPROVES PERFORMANCE IN HIGH-INTENSITY STRENGTH TRAINING\*
- + INCREASES MUSCLE MASS, STRENGTH AND SIZE\*
- + MUSCLE VOLUMIZING EFFECTS\*



BANNED SUBSTANCE TESTED



# 100 G

## DIETARY SUPPLEMENT

Net Wt 3.53 oz (100 g)

## Supplement Facts

Serving Size approx. 1 teaspoon (5 g)  
Servings Per Container 20

| Amount Per Serving                     | % Daily Value |
|----------------------------------------|---------------|
| CreaSyn™ (as Creatine Monohydrate) 5 g | †             |

† Daily Value not established.

**RECOMMENDED DOSE:** Start with a loading phase of 5-7 days and follow with a maintenance phase. Take daily with water or juice. **LOADING PHASE** – 1 rounded tsp. (5g) four times daily (total of 20 g / day) for 5-7 days. **MAINTAIN PHASE** – 2/3 - 1 rounded tsp. daily (total of 3-5 g / day).

**RECOMMENDED USE OR PURPOSE:** Aids in improving performance in repetitive bouts of brief, highly-intense physical activity. Aids in increasing muscle mass when used in conjunction with a resistance training regimen.

**WARNINGS:** Do not use if you are pregnant or breastfeeding, have a medical condition or are taking prescription medications. Consult a healthcare practitioner before use. May result in weight gain. Not intended for use by those under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. Do not use if inner seal is broken.

**CALIFORNIA WARNING:** Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**ALLERGEN WARNING:** Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

Distributed Exclusively by: **HBS INTERNATIONAL CORP.** 14 Edgewood Drive, Carmel, NY 10512 • [WWW.ALLMAXNUTRITION.COM](http://WWW.ALLMAXNUTRITION.COM)

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