INDICATIONS: Helps temporarily restore mental alertness or wakefulness when experiencing fatigue or drowsiness.*

DIRECTIONS: Take 1 tablet every 3 to 4 hours up to a maximum of 1000 mg (5 tablets) in 24 hours.

WARNINGS: For occasional use only. Caffeine is not advisable in cases of high blood pressure or pregnancy. Not intended as a substitute for sleep. The recommended dose of this product contains about as much caffeine as a large strong cup of coffee. Limit the amount of caffeine containing medications, beverages (coffee, tea, colas) or foods (chocolate) as too much caffeine may cause nervousness, irritability, sleeplessness and occasionally, rapid heart rate. Do not use if you are pregnant or nursing. Do not use if the safety seal is missing or broken. Store in a cool, dry place and keep out of direct sunlight. KEEP OUT OF THE REACH OF CHILDREN. Not for use by individuals under the age of 18 years.

to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Wheat, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.









Supplement Facts

Serving Size 1 tablet Servings Per Container 100

Amount Per Serving

% Daily Value

Caffeine 200 mg
(as Caffeine Anhydrous)

†

† Daily Value not established.

OTHER INGREDIENTS: Dicalcium phosphate, microcrystalline cellulose, vegetable magnesium stearate, croscarmellose sodium.

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Made in USA with domestic and imported ingredients





* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.