

• PROFESSIONAL GRADE SUPPLEMENTS •

ALLMAX brings you Branched Chain Amino Acid (BCAA) powder in a 2:1:1 ratio. Unlike other aminos, BCAAs are unique in that they are taken up by the muscles directly whereas other aminos are processed by the liver. BCAAs are critical to building quality muscle fast. BCAAs are widely known to increase the rate of muscle growth in response to training, in fact research indicates that as much as 35% of muscle tissue is comprised of BCAAs. BCAAs are highly Anti-Catabolic. Since muscle tissue absorbs BCAAs directly, your muscle tissue has the fuel it needs and dramatically limits muscle tissue break down. For competitive athletes looking to increase strength and muscle size, BCAAs are the "must-have" supplement.**

L-LEUCINE - provides support to lean muscle tissue and provides energy, specifically when training intensely, and helps to maintain a positive nitrogen balance within the body. Leucine is referred to as a "limiting nutrient"; meaning the body requires L-Leucine in a specific ratio to other aminos to assimilate protein into the body. Leucine activates a major anabolic pathway called the mTOR pathway which stimulates muscle protein synthesis.**

L-VALINE - plays a role in glucose metabolism, protein synthesis and provides immune support. It provides extra glucose for energy during times of hardcore training, making it a valuable addition for any athlete. It is also involved in the detoxification of excess nitrogen in the liver.*

L-ISOLEUCINE - provides muscle recovery post-workout and has been found to be helpful to assist in supporting blood sugar levels already within normal range. Isoleucine plays a role in hemoglobin formation and can increase energy levels and extend endurance.**

ALLMAX BCAA 2:1:1 are the highest quality BCAAs you can buy.



* In conjunction with diet and resistance training.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SCIENCE • INNOVATION • QUALITY • RESULTS



ALLMAX[®] ESSENTIALS

BCAA

+ INCREASES LEAN MUSCLE MASS**

+ DECREASES MUSCLE LOSS**

+ REDUCES MUSCLE SORENESS**

INSTANTIZED
2:1:1
BCAA POWDER



400 G

Net Wt 14.11 oz (400 g)

DIETARY SUPPLEMENT • UNFLAVORED

Supplement Facts

Serving Size 1 Scoop (5 g)

Servings Per Container 80

Amount Per Serving		% Daily Value
Branched Chain Amino Acids (BCAA) 2:1:1	5g	†
Instantized L-Leucine	50%	
Instantized L-Valine	25%	
Instantized L-Isoleucine	25%	

† Daily Value not established.

Other Ingredients: Lecithin (Sunflower).

DIRECTIONS: Mix 1 scoop (5 g) with 6-8 oz of water, juice or supplement for 15 to 20 seconds using a shaker cup or simply with a glass and spoon. Ideal for adding to ISOFLX[®], CARBION[™], IMPACT Igniter[™] or QUICKMASS[®].

WARNINGS: KEEP OUT OF REACH OF CHILDREN. Check with a qualified healthcare professional before taking this product if you are pregnant, nursing a baby, under 18 years of age, or if you have any known or suspected medical condition(s) and/or are taking any prescription or OTC medication(s). Store in a cool, dry place away from sunlight. Do not use if inner seal is broken.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

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Made in USA with domestic and imported ingredients



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