ALLMAX® SPORT

ALL MASS™

ADVANCED MUSCLE GAINER

80G‡ PROTEIN

MUSCLE BUILDER

- Post Workout Gainer
- Amazing Milkshake Taste
- 2000 Muscle Building Calories‡

80 GRAMS‡ MUSCLEBUILDING PROTEIN

2000 CALORIES‡ | 5:1 CARB:PRO | Zero TRANS FAT

Chocolate
Sweetened with sucralose

US1001

5 LBS | PROTEIN SUPPLE
NET WT 2.27 KG (80 OZ) | NATURAL & ARTIFICIA

ALLMAX® SPORT

MUSCLE BUILDER

ADVANCED MUSCLE MASS GAINER

80 GRAMS‡ | MUSCLE BUILDING PROTEIN

2000 CALORIES‡ | FUEL YOUR GAINS

5:1 CARB:PRO | PERFECT RECOVERY RATIO

Supplement Facts

Serving Size:	1 Scoop (95 g - Per 1/5 Serving)		5 Scoops (475 g - Per 1 Serving)		‡ 5 Scoops (475 g - Per 1 Serving) with 2 cups Skim Milk	
Servings Per Bag:	~24		~5		~5	
	Amount	% DV	Amount	% DV	Amount	% DV
Calories	360		1820		2000	
Total Fat	3 g	4%^	16 g	21%^	16 g	21%^
Saturated Fat	2 g	10%^	10 g	50%^	10 g	50%^
Cholesterol	25 mg	8%	135 mg	45%	145 mg	48%
Total Carbohydrate	72 g	26%^	359 g	131%^	385 g	140%^
Dietary Fiber	3 g	11%^	13 g	46%^	13 g	46%^
Total Sugars	4 g	†	22 g	†	48 g	†
Added sugar	2 g*	4%^	10 g*	20%^	10 g*	20%^
Protein	12 g		62 g		80 g	
Calcium	83 mg	6%	417 mg	32%	1197 mg	92%
Iron	1 mg	6%	7 mg	39%	7 mg	39%
Sodium	45 mg	2%	220 mg	10%	470 mg	20%
Potassium	340 mg	7%	1680 mg	36%	1680 mg	36%

^ Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily values not established.

INGREDIENTS: ALLCARBO COMPLEX (Medium and Long Chain Maltodextrin Complex, Whole Oat Flour); ALLPRO BLEND (Cold Filtration CrossFlow Whey Protein Concentrate, Cold Filtration Cross Flow Whey Protein Isolate, Milk Protein Concentrate, Milk Protein Isolate).

OTHER INGREDIENTS:

VANILLA - Coconut Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate (a milk derivative), Sunflower Lecithin, Silicon Dioxide), Natural and Artificial Flavors, Silicon Dioxide, Sucralose, Soy Lecithin.

CHOCOLATE - Cocoa Powder, Coconut Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate (a milk derivative), Sunflower Lecithin, Silicon Dioxide), Natural and Artificial Flavors, Silicon Dioxide, Sucralose, Soy Lecithin.

* Naturally occurring from Maltodextrin.

WARNINGS: This product is to be used by adults only. Consult a health care practitioner prior to use; if you are pregnant or breastfeeding, or if you have a kidney disorder. This product contains Sodium. Not suitable for consumption by persons allergic to milk. May result in weight gain. Discontinue use and contact your healthcare provider if you experience adverse reaction. Use only as directed. Store in cool, dry place. Do not use if the packaging has been tampered with. KEEP OUT OF REACH OF CHILDREN.

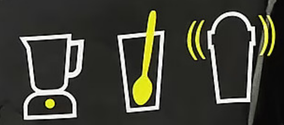
CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Contains ingredients from Milk (whey), Coconut (oil), Wheat and Soy (lecithin). Produced in a facility that also handles Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: Take **ALLMAX® ALLMASS™** immediately following your workout. On days that you do not workout, take upon waking.

After you train, your body will be in a catabolic state. **ALLMASS™** helps to stop this muscle breakdown putting your body into an anabolic state (increasing muscle synthesis) when you would normally break down muscle.*



DIRECTIONS: Blend, mix or shake 1 to 5 scoops with 2 to 2 cups (125-500 ml) with either water or skim depending on your preference. Take a few hours before after taking other medications or supplements. Emp drink enough fluid before, during, and after exercise.

# of Scoops	Water or Skim Milk
Rapid Mass Gain 5 Scoops	2 cups (500 ml)
Mass Gain 1 Scoop	½ cup (125 ml)

ALLMAXNUTRITION.COM

Imported & Distributed Exclusively by: **HBS INTERNATIONAL CORP.** 711 S. Carson St., Suite 4, Carson City, NV 89701

Made in Canada with domestic and imported ingredients

Contains a bioengineered food ingredient

LAB TESTED EVERY LOT | cGMP REGISTERED FACILITY | 100% WHOLE PROTEIN SOURCE | PROP 65

US5001