



Clear Change Daily Essentials

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Clear Change® Daily Essentials is a premium packet containing 3 nutritional supplements designed to complement your daily foundation nutrition program and support daily detoxification following the Clear Change Metabolic Detoxification Program. This 1-month program features AdvaClear®, GlutaClear®, and Renagen™ DTX for targeted, daily support.*

Each once-daily packet provides:

Bifunctional detoxification support: AdvaClear® supports vitality and health by supporting balanced activity of the Phase 1 and Phase 2 detoxification pathways. This formula provides methylated vitamin B₁₂ and folic acid along with nutrients designed to enhance the activities of several liver detoxification enzymes.*

Antioxidant protection & detoxification support: GlutaClear® features a blend of key ingredients, including antioxidant vitamins, designed to help boost the body's production of glutathione. Glutathione plays an important role in protecting the body against oxidative stress and protecting cellular health.*

Kidney health: Renagen™ DTX is a specific blend of nutrients and traditional herbs designed to support healthy kidney function.*

The Metagenics Difference

Metagenics is one of the few professional nutraceutical companies that formulates and evaluates nutritional products in clinical practice. Each Clear Change Daily Essentials formula is science based and delivers optimized, targeted health support.*

For more information, visit
ClearChangeProgram.com



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Each packet contains: 2 AdvaClear capsules (light brown), 1 GlutaClear tablet (white), and 1 Renagen DTX capsule (green).

Directions: Take one packet daily for one to two months or as directed by your healthcare practitioner.

Products included are non-GMO and gluten-free.

Warning: Do not use if taking blood thinning medications, antihypertensive medications, hypoglycemic medications and insulin, digoxin or nitroglycerin, or before surgery. Excess vitamin A intake may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl palmitate) per day.

Caution: If pregnant or nursing, or if taking medications, consult your healthcare practitioner before use.

Tamper Evident: Do not use if package is torn or open.

Storage: Keep in a cool, dry place.

Clear Change Daily Essentials provides advanced nutritional support for:*	
Detoxification	Cellular health
Bifunctional support	Antioxidant support
Cellular protection	Overall wellness



Clear Change® Daily Essentials

Advanced detoxification support*

PRACTITIONER RECOMMENDED

Gluten-Free

Dietary Supplement
30 PACKETS

Non-GMO

Supplement Facts

Serving Size 1 Packet
Servings Per Container 30

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	0%
Vitamin A (from mixed carotenoids ¹ and retinyl palmitate)	750 mcg	83%
Vitamin C (as ascorbic acid)	360 mg	436%
Vitamin D (as cholecalciferol)	0.8 mcg (33 IU)	4%
Vitamin E (as d-alpha tocopheryl succinate)	44.8 mg	299%
Thiamin (as thiamin mononitrate)	10 mg	833%
Riboflavin	5 mg	385%
Niacin (as niacinamide and niacin)	595 mg	2,488%
Vitamin B ₆ (as pyridoxine HCl)	27 mg	1,500%
Folate (as calcium L-5-methyltetrahydrofolate)	1,135 mcg DFE	284%
Vitamin B ₁₂ (as methylcobalamin)	150 mcg	6,583%
Biotin	66 mcg	220%
Pantothenic Acid (as calcium D-pantothenate)	33 mg	660%
Zinc (as zinc citrate)	6.5 mg	99%
Selenium (as selenomethionine)	87 mcg	158%
Copper (as copper citrate)	0.65 mg	72%
Manganese (as manganese citrate)	1.65 mg	72%
Molybdenum (as molybdenum aspartate complex)	66 mcg	147%
Sodium (as sodium sulfate)	40 mg	2%
N-Acetyl-L-Cysteine	642 mg	**
Chinese Salvia Root (Salvia miltiorrhiza)	200 mg	**
Cordyceps Mycelium Extract (Pleurotus eryngii Aerial Parts)	200 mg	**
(standardized to 4% (8 mg) cordycepic acid and 0.25% (0.5 mg) adenosine)		
Artichoke (Cynara scolymus) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg	**
Watercress (Nasturtium officinale) Aerial Parts 4:1 Extract	133 mg	**
Taurine	117 mg	**
Sodium Sulfate	100 mg	**
Pomegranate (Punica granatum L.) Whole Fruit Extract (standardized to 45.8 mg gallic acid equivalent (GAE))	87.5 mg	**
Decaffeinated ¹ Green Tea (Camellia sinensis) Leaf Extract (standardized to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechin gallate (EGCG))	56 mg	**
Silymarin (from milk thistle seed extract, Silybum marianum)	50 mg	**
Broccoli (Brassica oleracea L. var. italica) Seed Extract (providing 2.5 mg glucoraphanin)	19.25 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

AdvaClear:
Other ingredients: Capsule¹ (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

GlutaClear:
Other ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Renagen DTX:
Other ingredients: Capsule¹ (hypromellose and sodium copper chlorophyllin [color]), microcrystalline cellulose, and magnesium stearate (vegetable).

MANUFACTURED BY: METAGENICS
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¹ As Betanene® mixed carotenoids.
^{**} Contains no more than 4% caffeine.
[†] Vegetarian capsule.