

SUGGESTED USE:

Take 2 capsules with a small amount of warm water 2-3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patented technology delivers a concentrated full spectrum alcohol-free **liquid extract** in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, in a convenient capsule.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



EXTRA STRENGTH

GAIA HERBS

Liquid Phyto-Caps™

ALLER-LEAF

*Supports Healthy Functioning of the
Upper Respiratory System**



100% VEGETARIAN
60 LIQUID-FILLED CAPSULES



A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules

mg

Calories 20

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Turmeric root & leaf (<i>Curcuma longa</i>) ■	132 mg†
Eyebright herb (<i>Euphrasia officinalis</i>) ●	132 mg†
Nettle leaf (<i>Urtica dioica</i>) ▲	106 mg†
Bayberry bark (<i>Myrica cerifera</i>) ●	100 mg†
Chinese Skullcap root (<i>Scutellaria baicalensis</i>) ●	36 mg†
Goldenseal rhizome (<i>Hydrastis canadensis</i>) ●	16 mg†
Yarrow flower (<i>Achillea millefolium</i>) ■	14 mg†
Calamus rhizome (<i>Acorus calamus</i>) ●	8 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

- ▲ = Organic ingredient
● = Ecologically Wildcrafted
■ = Ecologically Cultivated

Each 2 capsules contain 2,700 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ U.S. Patent No. 6,238,696 B1

Lot #

Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712

www.gaiaherbs.com