

SUGGESTED USE: Take 2 tablets once daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

WARNING: Excess vitamin A intake, beta-carotene or carotenoid forms excepted, may increase the risk of birth defects and may contribute to osteoporosis. Women who are pregnant or who may become pregnant should not exceed 10,000 IU of vitamin A per day, beta-carotene or carotenoid forms excepted, unless instructed to do so by a healthcare practitioner.

CAUTION: If you have had gastric surgery and experience persistent nausea, vomiting, diarrhea, or other symptoms, contact your healthcare practitioner.

Keep out of reach of children.

TAMPER EVIDENT: Do not use if safety seal is missing or broken.

STORAGE: Keep tightly closed in a cool, dry place.


**Bariatric
Advantage.**

Chewable Essential Multi without Iron



Berry

flavored with other natural flavors

Dietary Supplement
180 TABLETS

Supplement Facts

Serving Size 2 Chewable Tablets
Servings Per Container 90

Amount/Serving	%DV
Calories	10
Total Carbohydrate	2 g <1%*
Sugars	1 g **
Vitamin A (75% as beta-carotene and 25% as retinyl acetate)	10,000 IU 200%
Vitamin C (as sodium ascorbate and ascorbic acid)	120 mg 200%
Vitamin D (as cholecalciferol)	3,000 IU 750%
Vitamin E (as d-alpha-tocopheryl succinate)	30 IU 100%
Thiamin (as thiamin mononitrate)	10 mg 667%
Riboflavin	3.4 mg 200%
Niacin (as niacinamide)	50 mg 250%
Vitamin B ₆ (as pyridoxine HCl)	4 mg 200%
Folate (as folic acid)	800 mcg 200%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg 16,667%
Biotin	600 mcg 200%

Amount/Serving	%DV
Pantothenic Acid (as d-calcium pantothenate)	20 mg 200%
Magnesium (as magnesium citrate)	50 mg 13%
Zinc (as zinc citrate)	15 mg 100%
Selenium (as selenomethionine)	100 mcg 143%
Copper (as copper citrate)	2 mg 100%
Manganese (as manganese citrate)	2 mg 100%
Chromium (as chromium picolinate)	120 mcg 100%
Molybdenum (as molybdenum aspartate complex)	75 mcg 100%
Citrus Bioflavonoid Complex	12.5 mg **
Inositol	5 mg **
Choline (as choline bitartrate)	2 mg **
Vanadium (as vanadyl sulfate)	25 mcg **

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Xylitol, fructose, natural flavors, hydrogenated highly refined soybean oil, stearic acid (vegetable), citric acid, magnesium stearate (vegetable), and sucralose (a non-nutritive sweetener).

MANUFACTURED FOR: BARIATRIC ADVANTAGE
A DIVISION OF METAGENICS, INC. ALISO VIEJO, CA 92656
800.898.6888 • BariatricAdvantage.com

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