

SUGGESTED USE: Take 2 tablets once daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

This product is gluten-free.

WARNING: Excess vitamin A may contribute to a risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day unless instructed to do so by a healthcare practitioner.

CAUTION: If you have had gastric surgery and experience persistent nausea, vomiting, diarrhea, or other symptoms, contact your healthcare practitioner.

Keep out of reach of children.

TAMPER EVIDENT: Do not use if safety seal is missing or broken.

STORAGE: Keep tightly closed in a cool, dry place.


**Bariatric
Advantage.**

Chewable Essential Multi without Iron



Berry

flavored with other natural flavors

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 2 Chewable Tablets

Servings Per Container 30

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calories.....	10		Biotin.....	800 mcg.....	2,000%
Total Carbohydrate.....	2 g.....	1%*	Pantothenic Acid.....	20 mg.....	400%
Total Sugars.....	1 g.....	**	(as calcium D-pantothenate)		
Includes 1g Added Sugars.....		2%*	Magnesium (as magnesium citrate).....	50 mg.....	12%
Vitamin A (75% as beta-carotene).....	3,000 mcg.....	333%	Zinc (as zinc citrate).....	15 mg.....	136%
(as beta-carotene and retinyl acetate)			Selenium (as selenomethionine).....	100 mcg.....	182%
Vitamin C.....	120 mg.....	133%	Copper (as copper citrate).....	2 mg.....	222%
(as sodium ascorbate and ascorbic acid)			Manganese (as manganese citrate).....	2 mg.....	87%
Vitamin D.....	75 mcg (3,000 IU).....	375%	Chromium.....	120 mcg.....	343%
(as cholecalciferol)			(as chromium picolinate)		
Vitamin E.....	20.1 mg.....	134%	Molybdenum.....	75 mcg.....	167%
(as d-alpha-tocopheryl succinate)			(as molybdenum aspartate complex)		
Thiamin (as thiamin mononitrate).....	10 mg.....	833%	Sodium (as sodium ascorbate).....	10 mg.....	<1%
Riboflavin.....	3.4 mg.....	262%			
Niacin (as niacinamide).....	50 mg.....	313%	Citrus Bioflavonoid Complex.....	12.5 mg.....	**
Vitamin B ₆ (as pyridoxine HCl).....	4 mg.....	235%	Inositol.....	5 mg.....	**
Folate.....	1,360 mcg DFE.....	340%	Vanadium (as vanadyl sulfate).....	25 mcg.....	**
(800 mcg folic acid)					
Vitamin B ₁₂	1,000 mcg.....	41,667%			
(as methylcobalamin)					

Other Ingredients: Xylitol, fructose, natural flavors, hydrogenated highly refined soybean oil, stearic acid (vegetable), citric acid, magnesium stearate (vegetable), and sucralose (a non-nutritive sweetener).

MANUFACTURED FOR: BARIATRIC ADVANTAGE
A DIVISION OF METAGENICS, INC. ALISO VIEJO, CA 92656
800.898.6888 • BariatricAdvantage.com

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EXP: 00/00

