

DIRECTIONS: Chew one tablet daily with food or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

This product is gluten-free.

CAUTION: If you have had gastric surgery and experience persistent nausea, vomiting, diarrhea, or other symptoms, contact your healthcare practitioner. Keep out of the reach of children.

TAMPER EVIDENT: Do not use if safety seal is missing or broken.

STORAGE: Store in a cool, dry place.

**Bariatric
Advantage.**

Chewable Ultra Solo without Iron

Once per Day Multivitamin



Citrus

flavored with other natural flavors

Dietary Supplement

30 TABLETS

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories.....	10	Folate.....	1,360 mcg DFE.....340% (800 mcg folic acid)
Total Carbohydrate.....	2 g.....1%*	Vitamin B ₁₂ (as cyanocobalamin).....	500 mcg...20,833%
Total Sugars.....	<1 g.....**	Biotin.....	600 mcg...2,000%
Includes 0 g Added Sugars		Pantothenic Acid.....	20 mg.....400% (as calcium D-pantothenate)
Sugar Alcohol.....	<1 g.....**	Iodine (as potassium iodide).....	150 mcg.....100%
Vitamin A (75% from beta-carotene) ...	3,000 mcg333%	Magnesium (as magnesium citrate).....	10 mg.....2%
(as beta-carotene and retinyl palmitate)		Zinc (as zinc citrate).....	20 mg.....182%
Vitamin C (as ascorbic acid).....	120 mg.....133%	Selenium (as selenomethionine).....	70 mcg.....127%
Vitamin D.....	75 mcg (3,000 IU).....375%	Copper (as copper citrate).....	2 mg.....222%
(as cholecalciferol)		Manganese (as manganese citrate).....	2 mg.....87%
Vitamin E.....	20.1 mg.....134%	Chromium (as chromium picolinate)	120 mcg.....343%
(as d-alpha tocopheryl acetate)		Molybdenum.....	75 mcg.....167% (as molybdenum aspartate)
Vitamin K (as phytonadione USP).....	120 mcg.....100%		
Thiamin (as thiamin mononitrate).....	25 mg.....2,083%		
Riboflavin.....	3.4 mg.....262%		
Niacin (as niacinamide).....	40 mg.....250%		
Vitamin B ₆ (as pyridoxine HCl).....	4.6 mg.....271%		

Other Ingredients: Sorbitol, fructose, dextrose with maltodextrin, fructooligosaccharides, microcrystalline cellulose, natural and artificial flavors, erythritol, stearic acid (vegetable), citric acid, silicon dioxide, magnesium stearate (vegetable), sucralose (a non-nutritive sweetener), neohesperidin dihydrochalcone (a non-nutritive sweetener).

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

MANUFACTURED FOR: BARIATRIC ADVANTAGE A DIVISION OF METAGENICS
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