

DIRECTIONS: Chew one tablet daily with food or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

This product is gluten-free.

CAUTION: If pregnant or nursing, consult your healthcare practitioner before use. If you have had gastric surgery and experience persistent nausea, vomiting, diarrhea, or other symptoms, contact your healthcare practitioner. Keep out of the reach of children

TAMPER EVIDENT: Do not use if safety seal is missing or broken

STORAGE: Store in a cool, dry place.

Bariatric Advantage

**NEW
FLAVOR**

Chewable
Ultra Solo
with Iron
Once per Day Multivitamin



Citrus

flavored with other natural flavors

Dietary Supplement
90 TABLETS

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 90

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories.....	10	Vitamin B ₁₂ (as cyanocobalamin).....	500 mcg 20,833%
Total Carbohydrate.....	2 g 1%*	Biotin.....	600 mcg 2,000%
Total Sugars.....	<1 g **	Pantothenic Acid.....	20 mg 400%
Includes 0 g Added Sugars		(as calcium D-pantothenate)	
Sugar Alcohol.....	<1 g **	Iron (as ferrous fumarate).....	45 mg 250%
Vitamin A (75% from beta-carotene).....	3,000 mcg 333%	Iodine (as potassium iodide).....	150 mcg 100%
(as beta-carotene and retinyl palmitate)		Magnesium (as magnesium citrate).....	10 mg 2%
Vitamin C (as ascorbic acid).....	120 mg 133%	Zinc (as zinc citrate).....	20 mg 182%
Vitamin D.....	75 mcg (3,000 IU) 375%	Selenium (as selenomethionine).....	70 mcg 127%
(as cholecalciferol)		Copper (as copper citrate).....	2 mg 222%
Vitamin E.....	20.1 mg 134%	Manganese (as manganese citrate).....	2 mg 87%
(as d-alpha tocopheryl acetate)		Chromium (as chromium picolinate).....	120 mcg 343%
Vitamin K (as phytonadione USP).....	120 mcg 100%	Molybdenum.....	75 mcg 167%
Thiamin (as thiamin mononitrate).....	25 mg 2,083%	(as molybdenum aspartate blend)	
Riboflavin.....	3.4 mg 262%		
Niacin (as niacinamide).....	40 mg 250%		
Vitamin B ₆ (as pyridoxine HCl).....	4.6 mg 270%		
Folate.....	1,360 mcg DFE 340%		
(800 mcg folic acid)			

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Sorbitol, fructose, dextrose with maltodextrin, fructooligosaccharides, microcrystalline cellulose, natural and artificial flavors, erythritol, stearic acid (vegetable), citric acid, silicon dioxide, magnesium stearate (vegetable), sucralose (a non-nutritive sweetener), neohesperidin dihydrochalcone (a non-nutritive sweetener).

MANUFACTURED FOR: BARIATRIC ADVANTAGE
A DIVISION OF METAGENICS, INC. ALISO VIEJO, CA 92656
800.898.6888 • BariatricAdvantage.com

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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