



Keep Out of the Reach of Children
Store away from heat & light

Do not exceed recommended dose and do not use for longer than 8 consecutive days.

Not for use in children younger than 12 years old.

Caution: Seek expert medical advice prior to use during pregnancy or nursing. Do not use in intestinal obstruction, diarrhea, abdominal pain or inflammation.

Best taken between meals.

Take up to 40 drops in 2 oz. of water or juice, one to three times per day.

SHAKE WELL BEFORE USING

SUGGESTED USE

CASCARA SAGRADA

SYSTEM RESTORATION

Gastrointestinal*



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

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Cascara Sagrada Liquid Extract

Ingredients: certified organic alcohol (18-22%), distilled water & Cascara Sagrada extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 5

We prepare our Cascara Sagrada Extract from the bark of *Frangula purshiana* trees, which is **Sustainably Wildcrafted** in its wild mountain habitat in the Pacific Northwest.

To assure a mild, non-irritating action, the bark is sun-dried, and is then aged for one year before being extracted.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.