

ABSOLUTELY NO FILLERS ADDED

Lacto contains enzymes that digest all components of dairy (dairy sugar, fat and protein).^{*} The high potency lactase blend breaks down lactose (dairy sugar).^{*} The additional eight enzymes assist in completing the digestion of dairy, while providing digestive support for the entire meal.^{*}

Recommended Usage: One capsule at the beginning of each meal that contains dairy. More may be taken as needed. For meals containing little to no dairy, **Digest** or **Digest Gold** is recommended to support proper digestion and assimilation.^{*}

Our exclusive Thera-blend™ enzymes are effective throughout the entire digestive system, thereby ensuring complete digestion. When formulated for therapeutic purposes, Thera-blend enzymes are customized for optimal performance throughout the entire body.

^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MADE IN USA

VEGAN & KOSHER
PLANT-BASED ENZYMES

DIGESTIVE

ENZYMEDICA
The Enzyme Experts

Lacto™

COMPLETE DAIRY DIGESTION*

- Prevents bloating*
- Complete digestive support
- Cheese & milk digestion

90 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

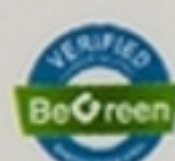
Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving		%DV
Lactase	9,500 ALU	**
Amylase Thera-blend™	7,500 DU	**
Protease Thera-blend™	25,000 HUT	**
Glucoamylase	25 AGU	**
Maltase	350 DP*	**
Lipase Thera-blend™	686 FCCFIP	**
Cellulase Thera-blend™	300 CU	**
Alpha Galactosidase	50 GalU	**
Invertase	76 SU	**

** Daily Value not established

OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water)
CONTAINS NO egg, dairy, preservatives, salt, sucrose, soy, wheat, yeast,
nuts, corn, gluten, casein, potato, rice, artificial colors or flavors.

Keep closed in dry place; avoid excessive heat.



Manufactured by Enzymedica, Inc.
752 Tamiami Trail • Port Charlotte, FL 33953
Toll-free: 1-888-918-1118 • www.enzymedica.com

AS WITH ALL PRODUCTS, PLEASE KEEP OUT OF REACH OF CHILDREN