ABSOLUTELY NO FILLERS ADDED

Lacto contains enzymes that digest all components of dairy (dairy sugar, fat and protein).* The high potency lactase blend breaks down lactose (dairy sugar).* The additional eight enzymes assist in completing the digestion of dairy, while providing digestive support for the entire meal.*

Recommended Usage: One capsule at the beginning of each meal that contains dairy. More may be taken as needed. For meals containing little to no dairy, **Digest** or **Digest Gold** is recommended to support proper digestion and assimilation.*

Our exclusive Thera-blend™ enzymes are effective throughout the entire digestive system, thereby ensuring complete digestion. When formulated for therapeutic purposes, Thera-blend enzymes are customized for optimal performance throughout the entire body.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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MADE IN USA

VEGAN & KOSHER
PLANT-BASED ENZYMES

DIGESTIVE

ENZYMEDICA
The Enzyme Experts

Lacto™

SELLING #1 ENZYME BRAND

COMPLETE DAIRY DIGESTION*

*- Prevents bloating**
- Complete digestive support
- Cheese & milk digestion

90 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving		%DV
Lactase	9,500 ALU	**
Amylase *Thera-blend™*	7,500 DU	**
Protease *Thera-blend™*	25,000 HUT	**
Glucoamylase	25 AGU	**
Maltase	350 DP*	**
Lipase *Thera-blend™*	686 FCCFIP	**
Cellulase *Thera-blend™*	300 CU	**
Alpha Galactosidase	50 GalU	**
Invertase	76 SU	**

** Daily Value not established

OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water)
CONTAINS NO egg, dairy, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, rice, artificial colors or flavors.

Keep closed in dry place; avoid excessive heat.

vitamin angels · AUTISM HOPE ALLIANCE · VERIFIED BeGreen · #K1840

Manufactured by Enzymedica, Inc.
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Toll-free: 1-888-918-1118 • www.enzymedica.com

AS WITH ALL PRODUCTS, PLEASE KEEP OUT OF REACH OF CHILDREN