

ABSOLUTELY NO FILLERS ADDED

Lacto contains enzymes that digest all components of dairy (dairy sugar, fat and protein).^{*} The high potency lactase blend breaks down lactose (dairy sugar).^{*} The additional eight enzymes assist in completing the digestion of dairy, while providing digestive support for the entire meal.^{*}

Recommended Usage: One capsule at the beginning of each meal that contains dairy. More may be taken as needed. For meals containing little to no dairy, **Digest** or **Digest Gold** is recommended to support proper digestion and assimilation.^{*}

Our exclusive Thera-blend™ enzymes are effective throughout the entire digestive system, thereby ensuring complete digestion. When formulated for therapeutic purposes, Thera-blend enzymes are customized for optimal performance throughout the entire body.

^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MADE IN USA

VEGAN & KOSHER
PLANT-BASED ENZYMES

DIGESTIVE

ENZYMEDICA
The Enzyme Experts



Lacto™

COMPLETE DAIRY DIGESTION*

- Prevents bloating*
- Complete digestive support
- Cheese & milk digestion



30 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

Amount Per Serving		%DV
Lactase	9,500 ALU	**
Amylase Thera-blend™	7,500 DU	**
Protease Thera-blend™	25,000 HUT	**
Glucoamylase	25 AGU	**
Maltase	350 DP*	**
Lipase Thera-blend™	686 FCCFIP	**
Cellulase Thera-blend™	300 CU	**
Alpha Galactosidase	50 GalU	**
Invertase	76 SU	**

**Daily Value not established

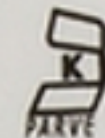
Keep closed in dry place; avoid excessive heat.



AUTISM HOPE



ALLIANCE



#K1840

Manufactured by Enzymedica, Inc.

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OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water)
CONTAINS NO egg, dairy, preservatives, salt, sucrose, soy, wheat, yeast,
nuts, corn, gluten, casein, potato, rice, artificial colors or flavors.

AS WITH ALL PRODUCTS, PLEASE KEEP OUT OF REACH OF CHILDREN