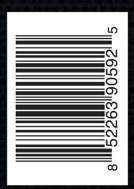
MRP ACTIVE is a perfectly-balanced low carbohydrate meal replacement shake designed for the active individual who demands the most out of their nutrition. MRP ACTIVE yields the body a 2:1 protein to carb ratio with 5g of dietary fiber per serving. Keeping you full longer and stabilizing blood sugar levels. This makes MRP ACTIVE the ultimate "low carb" meal replacement. We've also included the addition of CLA (Conjugated Linoleic Acid) an Omega-6 "good fat" that helps keep the midsection lean and trim. MRP ACTIVE supplies the body with 30g of the highest quality multi-source blend of whey protein isolate, egg albumin, and caseinate proteins. By replicating the breakdown of a meal in the body, MRP ACTIVE keeps you full now, to suppress cravings and stop you from overeating later.

**Suggested use:** Take 2 scoops with 10-12 oz water or favorite beverage 2-3 times daily. For Optimal results take Glutaplex with every MRP Active shake.

**Warnings:** KEEP OUT OF REACH OF CHILDREN. Always consult a physician prior to using any dietary supplement. Do not use or combine with other dietary supplements. Do not use if you have or are being treated for prostate hypertrophy or cancer, heart, liver, cardiovascular, kidney or thyroid disease, high blood pressure, low hdl, taking antidepressants, MAO inhibitors, prescription drugs or any over the counter prescription drugs containing ephedrine or pseudoephedrine. Do not exceed suggested serving. Do not use if pregnant or nursing. Discontinue use and contact your health care provider if you experience rapid heartbeat, dizziness, sever headache, shortness of breath, or similar symptoms. Protect from Heat, Light, and Moisture. Store at 15-30°C (59-86°F) Do not use if seal is broken.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





Manufactured For: **Total Nutrition Holdings LLC** 53 East Merrick Rd, Suite 190 Freeport, NY 11520



## **Supplement Facts**

Serving Size: 2 Scoops (70 Grams) Servings Per Container: Approx. 32

AMOUNT PER SERVING	Calories – 200	Calories from Fat — 20	% Daily Value*	
Total Fat		2g	3%	
Saturated Fat		0.5g	13%	
Cholesterol		10mg	30%	
Total Carbohydrates		15g	2%	
Sugar		8g		
Dietary Fiber		5g		
Protein		30g		

Recovery Blend 10a L-Leucine, L-Isoleucine, L-Valine, L-Glutamine, L-Glutamine Peptide, L-Taurine

Antioxidant Support 500mg Trans-resveratrol, Acai Berry 4:1 Extract, Alpha Lipoic Acid, Quercetin, Green Tea Extract, N-Acetyl Cysteine, Grape Seed Extract, Vitamin C (ascorbic acid)

AMOUNT DED CEDVING Calarias 200 Calarias from Eat 20

Additional Ingredients: Waxxy Maize (from Corn), Amylopectin (Fast Release From Potato), Dextrose (Medium to Slow release Rice and Potato Starch) Glucose Polymers (Fast Release from Potato), Maltodextrin (Quick Release Starch from Corn), Cane Sugar (Quick release Carb), Whey Isolate, Whey Protein Concentrate, Whey Peptides, Egg Albumin, Caseinate Protein, Fibersol®-(maltodextrin), Natural and Artificial Flavor, Cellulose Gum, Xanthan Gum, Carrageenan Gum, Natural Cream Flavor, Sucralose, MULTI BLEND: Conjugated Vitamin B1 (thiamin), Vitamin B2 (riboflavin), Vitamin B3 (niacin), Panthothetic Acid (calcium pantothenate), Vitamin B6 (pyridoxine hcl), Vitamin B12 (cyanocobalamin), Biotin, Folic Acid, Calcium (carbonate/oxide), Magnesium (chelate), Molybedenum (sodium molybdate), Selenium (as selenium yeast). Iron (ferrous sulfate), Phosphorus (oxide), Kelp (natural source of iodine), Chromium (picolinate), Manganese (gluconate).

\* Percent Daily Values (DV) are based on a 2.000 calorie diet † Daily Value (DV) not established

## Contains:

Milk and Egg Ingredients

Amino Acid Profile Per Serving (2 scoops)

0/ Daily Value

L-Aspartate	1.30g
L-Serine	1.02g
L-Histidine	1.43g
L-Threonine*	1.39g
L-Proline	1.19g
L-Tyrosine	0.65g
L-Valine (BCAA)	2.44g
L-Methionine	1.45g
L-Cysteine	0.54g
L-Glycine	0.40g
L-Arginine	1.51g
L-Alanine	1.05g
L-Leucine (BCAA)	3.47g
L-Phenylalanine*	0.74g
L-Tryptophan*	0.39g
L-Lysine*	1.39g
L-Isoleucine* (BCAA)	2.50g
*Essential Amino Acid	-

www.nutracorenutrition.com