

Ingredients: IPP SUPRO® NON-GMO soy protein isolate⁽¹⁾. Less than 2% of the following: natural flavor (natural vanilla bean, maltodextrin).

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Suitable for vegans.

Directions: Blend one heaping scoop (included in can) of Soy Protein Powder mix with 6-8 oz. of milk, juice, or favorite beverage.

Our **NON-GMO** (Genetically Modified Organism) **Soy Protein Powder** is certified by Solae (makers of SUPRO®) to be produced in accordance with the Certified Identity Preservation Program (IPP). The soybeans grown under this program are closely monitored at each stage to ensure the crop is free of DNA modification. IPP guidelines have been developed to assure that the identity of the crop is maintained throughout the system. This includes monitoring the seeds, planting, harvesting, transportation, elevation, processing, and production. Third party verification is used to certify this process.[†]

Soy is an excellent source of isoflavones. Research indicates isoflavones from soy promote hormonal and antioxidant balance, supporting cardiovascular, bone and menopausal health. Our NON-GMO Soy Protein Powder provides a great source of high quality protein that is suitable for vegans. Just as vitamin and mineral content varies in plants, the isoflavone level in each soy crop may vary.[†]

Our soy protein powder comes from soybeans grown and processed in the USA.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. Each serving of NON-GMO Soy Protein Powder provides 24 grams of soy protein.

Typical Amino Acid Profile Per Serving of Drink Mix:

Alanine.....	1,026 mg	Lysine□.....	1,525 mg
Arginine.....	1,830 mg	Methionine□.....	305 mg
Aspartic Acid.....	2,800 mg	Phenylalanine□.....	1,248 mg
Cystine.....	305 mg	Proline.....	1,220 mg
Glutamic Acid.....	4,602 mg	Serine.....	1,248 mg
Glycine.....	1,026 mg	Threonine□.....	915 mg
Histidine.....	638 mg	Tryptophan□.....	333 mg
Isoleucine*□.....	1,192 mg	Tyrosine.....	915 mg
Leucine*□.....	1,968 mg	Valine*□.....	1,220 mg
* Branched Chain Amino Acid		□ Essential Amino Acid	

Typical Isoflavone Profile Per Serving of Drink Mix:

Daidzein Compounds:	9.12 mg
Glycitein Compounds:	0 mg
Genistein Compounds:	18.48 mg
Total Isoflavones:	27.60 mg

Notice: Use this product as a food supplement only. DO NOT USE for weight reduction.

⁽¹⁾SUPRO® is a registered trademark of Solae.

To report a serious adverse event, call 1-888-710-0006

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Vegetarian

• Unsweetened Natural Vanilla •

CERTIFIED IPP
NON-GMO



SOY PROTEIN POWDER

Supports Bone, Cardiovascular and
Menopausal Health[†]

NET WT. 16 OZ. (454 g)



Nutrition Facts

Serving Size: One heaping scoop (28 g)
Servings Per Container: Approximately 16

Amount Per Serving		Powder Mix	With 1 Cup Skim Milk
Calories		110	200
Calories from Fat		10	15
%Daily Value*			
Total Fat	1 g	2%	2%
Saturated Fat	0 g	0%	0%
Cholesterol	0 mg	0%	2%
Sodium	250 mg	10%	16%
Potassium	25 mg	<1%	12%
Total Carbohydrate	0 g	0%	4%
Dietary Fiber	0 g	0%	0%
Sugars	0 g	**	**
Protein	24 g	48%	64%
Vitamin A		0%	10%
Vitamin C		0%	4%
Calcium		6%	36%
Iron		25%	25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Daily Value not established.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

KEEP OUT OF REACH OF CHILDREN.

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