

Directions: Take one (1) tablet daily as a dietary supplement.

Certain B vitamins are involved in maintaining a healthy nervous system, and are necessary in energy metabolism.†

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Store at controlled room temperature between 59°F and 86°F to maintain freshness. Do not refrigerate.

No sugar, salt, starch, yeast, artificial coloring, flavoring, or preservatives added. Components in this product are derived from natural sources. Natural protective coating utilized.

*Manufactured under the exclusive Earth Span® Process which has been verified by independent laboratory tests for the gradual release, absorption, and retention of the water soluble B Complex vitamins over a prolonged period of time (4-6 hours).

Great Earth fully guarantees this product through:



©2000 Great Earth Companies, Inc.
Hicksville, New York 11801 U.S.A.
www.greearth.com

3801



GREAT EARTH  VITAMIN STORES

TIMED RELEASE*
STRESS-CALM® 160 PLUS

In A Natural Trace Mineral
and Herbal Base.

210 TABLETS
Dietary Supplement

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 210

Amount Per Serving	% Daily Value
Vitamin B1 (Thiamine HCl)	160 mg 10,067
Vitamin B2 (Riboflavin)	160 mg 9410
Niacinamide	160 mg 800
Vitamin B6 (Pyridoxine HCl)	160 mg 8000
Folic Acid	800 mcg 200
Vitamin B12 (Cyanocobalamin)	160 mcg 2666
Biotin	160 mcg 53
Pantothenic Acid (Calcium Pantothenate)	160 mg 1600
Choline (From Bitartrate)	160 mg *
Inositol	160 mg *
PABA (Para Amino Benzoic Acid)	160 mg *
GABA	160 mg *
Peptide Bonded Amino Acids	160 mg *
Herbal/Trace Mineral Base	50 mg *
(Valerian Root, Passion Flower, Hops, Scullcap, Ferric Oxide, Zinc Oxide, Titanium Oxide, Strontium Oxide, Molybdenum, Manganese Oxide, Chromic Oxide, Lithium Oxide, Vanadium Oxide, Nickel Oxide, Barium Oxide, Calcium Oxide)	

* Daily Value has not been established

Other Ingredients: Xanthan Gum, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate.