

## ashwagandha extract

470mg 1.5% withanolides

energy v vitality\*

herb **120** capsules gluten free

dairv

free

sov free nut free

size

## Supplement Facts

Serving Size 1 Capsule

Amount % Daily Per Serving Value Ashwagandha Extract 470 mg (Withania somnifera)(root) std. to 1.5% Withanolides 7 mg

\* Daily Value not established. Other ingredients: Hypromellose, maltodextrin, silicon dioxide, magnesium stearate,

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

product is not intended to diagnose, treat. cure or prevent any disease.

This natural product may vary in color. V These statements have not been evaluated by the Food and Drug Administration. This

DIRECTIONS: As a dietary supplement, take one (1) capsule one to two times daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions. STORE IN A COOL DRY PLACE

KEEP OUT OF REACH OF CHILDREN. TAMPER EVIDENT Do not use if outer seal is broken or missing.

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