

TRUTH

We pledge total truth in labeling. Our family of products contain only the purest and most potent ingredients. **Guaranteed.**

Other ingredients: stearic acid, cellulose, calcium pantothenate, calcium stearate, silicon dioxide, ferrous aspartate, ferrous glycinate, ferrous fumarate, amino acid chelates (boron, copper, selenium, molybdenum), nickel sulfate.

Contains: Soy.

This product is vegetarian and free of corn, gluten, rice and yeast.

Color of this product may vary due to color variations of the natural ingredients.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If you are pregnant or nursing, consult your health care practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.



Distributed by DaVinci® Laboratories of Vermont
a division of FoodScience Corp.
20 New England Drive, Suite 10
Essex Junction, VT 05452 USA
www.davincilabs.com
To obtain product information or report a
serious adverse event, call 1-800-325-1776.

0200195 240

DaVinci® *Laboratories
of Vermont*

SPECTRA™ WOMAN
A Multiple Vitamin/Mineral Supplement for Women
with Grape Seed Extract and GLA from Evening Primrose Oil

VEGETARIAN

240 TABLETS

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your health care practitioner.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 120

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Beta Carotene 7500 IU	150%	Potassium (K Citrate) 25 mg	1%
Vitamin C (Ascorbic Acid and Ca Ascorbate) 500 mg	833%	Boron 0.5 mg	*
Vitamin D ₂ (ergocalciferol) 200 IU	50%	Nickel (sulfate) 0.25 mcg	*
Vitamin E (d-alpha tocopheryl succinate) 200 IU	667%	Silicon (Horsetail Rush) 3 mg	*
Vitamin K 2.5 mcg	3%	Vanadium (Vanadyl Sulfate) 10 mcg	*
Thiamin 35 mg	2333%	Choline (as Citrate and Bitartrate) 35 mg	*
Riboflavin 35 mg	2059%	Inositol 35 mg	*
Niacin (as Niacinamide) 35 mg	175%	PABA (para-aminobenzoic acid) 35 mg	*
Vitamin B ₆ (Pyridoxine HCl and Pyridoxal 5-Phosphate) 35 mg	1750%	L-Cysteine (Enteric Coated) 50 mg	*
Folic Acid 250 mcg	63%	L-Glutamine 50 mg	*
Vitamin B ₁₂ (Methylcobalamin) 35 mcg	583%	DL-Methionine (Enteric Coated) 50 mg	*
Biotin 300 mcg	100%	L-Aspartic Acid 75 mg	*
Pantothenic Acid 35 mg	350%	Octacosanol 500 mcg	*
Calcium (as Ca Carbonate and Ca Citrate) 500 mg	50%	Soy Lecithin 50 mg	*
Iron 9 mg	50%	Grape Seed Extract 10 mg	*
Iodine (from kelp) 35 mcg	23%	Gamma Linolenic Acid (from primrose oil) 5 mg	*
Magnesium (as Mg Carbonate) 180 mg	45%	RNA (ribonucleic acid) 5 mg	*
Zinc (Gluconate) 10 mg	67%	Mixed Citrus Bioflavonoids 100 mg	*
Selenium 25 mcg	36%	Hesperidin 12.5 mg	*
Copper 0.025 mg	1%	Rutin 12.5 mg	*
Manganese (as Mn Gluconate) 2.5 mg	125%	Pectin 12.5 mg	*
Chromium (as Cr Polynicotinate) 25 mcg	21%	Betaine Hydrochloride 10 mg	*
Molybdenum 25 mcg	33%	Bromelain 2 mg	*
		Papain (Enteric Coated) 2 mg	*
		Cellulase Enzymes 2 mg	*
		Enzopharm® Plus 8 mg	*
		A proprietary blend of vegetarian enzymes: amylase, protease, lipase, hemicellulase, and lactase	*

* Daily Value not established

g19

10265900 0513