

DIRECTIONS: Take one caplet daily as a dietary supplement.

‡ Each HAIR FARE™ caplet is carefully coated with Cellugel™, a natural cellulose gelatin, micro-coating system.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- Keep out of reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not use if seal is broken.

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For more info. visit us @www.windmillvitamins.com



HAIR FARE™

DIETARY SUPPLEMENT

**Vitamin & Mineral
Supplement
For Your Hair†**

60 Caplets



Supplement Facts

Serving Size: 1 Caplet

	Amount Per Serving	% Daily Value
Niacin	35 mg	175%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	5 mcg	83%
Biotin	150 mcg	50%
Pantothenic acid (as D-calcium pantothenate)	100 mg	1,000%
Calcium (as dicalcium phosphate)	125 mg	12%
Iron (as ferrous fumarate)†††	4.5 mg	25%
Phosphorus (as dicalcium phosphate)	100 mg	10%
Iodine (from kelp)	150 mcg	100%
Zinc (as zinc citrate)	10 mg	67%
Copper (as copper gluconate)	1 mg	50%
Manganese (as manganese gluconate)	4.5 mg	225%
Silica (as silicon dioxide)	5 mg	*
Hydrolyzed collagen	100 mg	*
Organic sulfur complex	25 mg	*
Soy Lecithin	50 mg	*
Herbal Base	100 mg	*
Alfalfa (<i>Medicago sativa</i>) (leaf), horsetail (<i>Equisetum hyemale</i>) (plant), fo ti (<i>Polygonum multiflorum</i>) (root)		*
PABA	30 mg	*

*Daily value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, tricalcium phosphate, stearic acid, magnesium stearate, pharmaceutical glaze, calcium silicate, and silica.

††† WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.