



chelated cal-mag

2:1 calcium | magnesium ratio

mineral
600 tablets
dietary supplement

bones^v
teeth^v

gluten
free

dairy
free

soy
free

nut
free

actual size



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as carbonate, amino acid chelate)	500 mg	50%
Magnesium (as oxide, amino acid chelate)	250 mg	62%

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate, silicon dioxide, stearic acid, aqueous coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide).

Does not contain: Yeast, Wheat, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) tablet up to three (3) times daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit
www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



learn more at
vsquality.net

Item No.
VS-1174
1039416

