

SUGGESTED USE: As a dietary supplement, adults take one (1) to three (3) veggie capsules at bedtime or as directed by a healthcare professional. (Capsules may be opened and prepared as tea.)

CAUTION: For adults only. If you are pregnant, nursing, taking any medication, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment.

CONTAINS NO: Preservatives, Artificial Color, Flavor or Sweetener, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT CODE 22062

PureNaturals®



Herbs

VALERIAN ROOT

500 MG Per Serving



120 SERVINGS

DIETARY SUPPLEMENT

120
VEGGIE
CAPSULES

Supplement Facts

Serving Size 1 Veggie Capsule
Serving Per Container 120

Amount Per Serving		% Daily Value
Valerian Root Powder (<i>Valeriana officinalis</i>) (root)	500 mg	**

** Daily Value not established

OTHER INGREDIENTS: Vegetable Cellulose (Capsule), Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose.

WARNING: This product can expose you to chemicals including Lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov.



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