

SUGGESTED USE: As a dietary supplement, adults take one (1) capsule daily, preferably with a meal or as directed by a health care professional.

CAUTION: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administrator. This product is not intended to diagnose, treat, cure or prevent any disease.



PureNaturals™

PSYLLIUM HUSK

PURE™

Excellent Source of Fiber*



- ✓ Helps Promote Regularity & Internal Cleansing*
- ✓ Supports Digestive Health*
- ✓ Supports Healthy Weight Management*

Dietary Supplement

500 MG

500 CAPSULES

Supplement Facts

Serving Size: 1 Capsule	Serving Per Container: 500
	Amount Per Serving
Psyllium Husk (<i>Plantago ovata</i>)	500 mg
	% DV
** % Daily Value (DV) not established	**

OTHER INGREDIENTS: Gelatin (Capsule), Microcrystalline Cellulose, Magnesium Stearate & Silicon Dioxide.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



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