SUGGESTED USE: As a dietary supplement, adults take one (1) tablet at bedtime as Melatonin may produce drowsiness or as directed by a health care professional,

CAUTION: Not intended for use by pregnant or nursing CAUTION: Not are taking any medications or have any women. If your doctor before use medical consult your doctor if any adverse Discontinuo occur. Do not drive, operate machinery or reactions alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN, DO NOT USE IFSAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administrator. This product is not intended to diagnose, treat, cure or prevent any disease.





Natural Sleep Aid*



- Helps You To Fall Asleep Fast*
- ▼ Helps Regulate Sleep Cycle*
- Calming & Relaxing Effect*

Dietary Supplement

Supplement Facts Serving Size: 1 Tablet

Serving Per Container: 17 Amount Per Serving

Melatonin (as N-Acetyl-5-Methoxytryptamine)

** % Daily Value (% DV) not established

OTHER INGREDIENTS: Dicalcium Phosphate, Vegetable Cellulose, Stearic Acid, Croscarmellose Sodium Magnesium Stearate, Silica & Pharmaceutical Glaze

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.



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