

SUGGESTED USE: As a dietary supplement, adults take one (1) quick release capsule daily, preferably with a meal or as directed by a health care professional.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administrator. This product is not intended to diagnose, treat, cure or prevent any disease.



PureNaturals

MAGNESIUM OXIDE

PURE™

Essential Mineral for Overall Health & Well-Being*



- ✓ Supports the Nervous System*
- ✓ Supports Energy Production*
- ✓ Promotes Heart, Bone & Digestive Health*

Dietary Supplement

500 MG

90 QUICK RELEASE CAPSULES

Supplement Facts

Serving Size: 1 Capsule		Serving Per Container: 90	
		Amount Per Serving	% DV
Magnesium		500 mg	125%†
(from 865 mg of Magnesium Oxide)			
† % Daily Value (% DV) not established			

OTHER INGREDIENTS: Gelatin (Capsule), Rice Powder, Vegetable Magnesium Stearate.



Manufactured for & Distributed by:
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