

SUGGESTED USE: As a dietary supplement, adults take two (2) veggie capsules 2 to 3 times daily, preferably with food or as directed by a health care professional.

CAUTION: Do not exceed recommended dose. If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If you are nursing talk to your doctor or a certified lactation consultant to determine the best dosage levels for your specific nursing situation. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT CODE 17036

PureNaturals™
Herbs
FENUGREEK SEED

Broad-Spectrum Ayurvedic Herb



- ✓ Supports Healthy Metabolism*
- ✓ Promotes Digestive Health*
- ✓ Supports Women's Health*

**DIETARY
SUPPLEMENT**

610 MG

**180
VEGGIE
CAPSULES**

Supplement Facts

Serving Size 2 Veggie Capsules
Serving Per Container 90

Amount Per Serving		% Daily Value†
Calories	5	
Total Carbohydrate	1 g	< 1%†
Dietary Fiber	< 1 g	2%
Fenugreek (seed)	1,220 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

OTHER INGREDIENTS: Silicon Dioxide, Magnesium Stearate and Microcrystalline Cellulose.

CONTAINS NO: Preservatives, Artificial Color, Flavor or Sweetener, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.



Manufactured for
& Distributed by: **Herbs**
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