

SUGGESTED USE: As a dietary supplement, adults take one (1) capsule daily, preferably with a meal. Drink 8 six ounce glasses of water daily or as directed by your health care professional. (Capsules may be opened and prepared as a tea).

CAUTION: This product contains Cascara Sagrada (*Rhamnus purshiana*). Read and follow directions carefully. Limit use to no more than two weeks. Not intended for use by persons under the age of 18. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT CODE 21409

PureNaturals™



CASCARA SAGRADA

Supports Digestive Functions*



- ✓ Supports Healthy Detoxification Function*
- ✓ Helps Relieve Constipation*
- ✓ Promotes Liver Health*

DIETARY SUPPLEMENT

450 MG

120
CAPSULES

Supplement Facts

Serving Size 1 Capsule
Serving Per Container 120

	Amount Per Serving	% DV*
Cascara Sagrada (<i>Rhamnus purshiana</i>) (bark)	450 mg	**

** % Daily Value (% DV) not established.

OTHER INGREDIENTS: Gelatin, Vegetable Magnesium Stearate.

CONTAINS NO: Artificial Preservatives, Colors, Flavors or Sweeteners, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.



Manufactured for & Distributed by:
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