

**SUGGESTED USE:** As a dietary supplement, adults take one (1) tablet daily, preferably with a meal or as directed by a health care professional.

**CAUTION:** Not intended for use by pregnant or nursing women. If you are taking any medication(s) or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**CONTAINS NO:** Artificial Preservatives, Colors, Flavors or Sweeteners, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast or Sodium.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT CODE 1430

**PureNaturals™**

**B-100**

*Helps to Keep the Body Energized\**



- ✓ Supports Healthy Metabolism\*
- ✓ Supports Cardiovascular & Nervous System\*
- ✓ Supports Overall Health & Well-Being\*

**Dietary Supplement**

**120**  
TABLETS

**Supplement Facts**

Serving Size 1 Tablet

Serving Per Container 120

|                                                                                        | Amount Per Serving | % DV*  |
|----------------------------------------------------------------------------------------|--------------------|--------|
| <b>Thiamin (Vitamin B1)</b> (as thiamin mononitrate)                                   | 100 mg             | 6,667% |
| <b>Riboflavin (Vitamin B2)</b>                                                         | 100 mg             | 5,882% |
| <b>Niacin</b> (as niacinamide)                                                         | 100 mg             | 500%   |
| <b>Vitamin B6</b> (as pyridoxine hydrochloride)                                        | 100 mg             | 5,000% |
| <b>Folic Acid</b>                                                                      | 400 mcg            | 100%   |
| <b>Vitamin B12</b> (as cyanocobalamin)                                                 | 100 mcg            | 1,667% |
| <b>Biotin</b> (as d-Biotin)                                                            | 100 mcg            | 33%    |
| <b>Pantothenic Acid</b> (as d-calcium pantothenate)                                    | 100 mg             | 1,000% |
| <b>PABA</b> (para-aminobenzoic acid)                                                   | 100 mg             | **     |
| <b>Inositol</b>                                                                        | 100 mg             | **     |
| <b>Choline Bitartrate</b>                                                              | 100 mg             | **     |
| <b>Proprietary Blend</b><br>(Alfalfa, Watercress, Parsley, Soy Lecithin and Rice Bran) | 1 mg               | **     |

\*% Daily Value (% DV) are based on a 2,000 calorie diet.  
\*\*% Daily Value not established.

**OTHER INGREDIENTS:** Vegetable Cellulose, Silica, Vegetable Stearic Acid. Contains <2% of: Natural Palm Leaf Glaze & Vegetable Magnesium Stearate.



Manufactured for & Distributed by:  
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