

Directions: Take one (1) Maxicap™ at bedtime, or as directed.

If pregnant or nursing, consult your healthcare practitioner before using any dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VEGETARIAN
CERTIFIED KOSHER
DOCTOR FORMULATED



Manufactured in USA for:

MaxiHealth®
True to total wellness™

800-544-MAXI (6294)

BROOKLYN, N.Y.

www.maxihealth.com

Questions? info@maxihealth.com

SLEEP-O-MAX™

MELATONIN • PASSION FLOWER
VALERIAN ROOT • L-TRYPTOPHAN

— DIETARY SUPPLEMENT —



®

60 Maxicaps

Calm down and rest up

MaxiHealth®

True to total wellness™



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%DV*
Melatonin	3 mg *
Passion flower powder (Passiflora incarnata) (flower & leaf)	200 mg *
Valerian extract (Valeriana officinalis) (roots, rhizomes, stolons) [std. for 0.8% valerenic acids (0.4 mg)]	50 mg *
Valerian root powder (Valeriana officinalis) (delivered using a 4:1 extract)	500 mg *
L-Tryptophan	200 mg *

*%DV (Daily Value) not established.

Other Ingredients: Vegetable cellulose, microcrystalline cellulose, magnesium stearate, Enzymax® (calcium carbonate, bromelain, papain, lipase, amylase, protease, silica).

This product contains **NO** animal products, soy, wheat, sugar, salt, yeast, gluten, milk, artificial flavors, colorings or preservatives.

Store tightly closed in a cool, dry place.

Keep out of reach of children.

This product was manufactured in a GMP
Certified facility.



Enzymax®, a vital digestive enzyme complex, is a registered trademark of Maxi Health Research® LLC.

✶ Serenity & Relaxation™

