

Maxi-Health Research® is proud to provide you with our most advanced dietary supplement. Naturemax™. Naturemax™ is professionally formulated to provide you with the nutrients you need to stay healthy and fit. Our proprietary formula is rich in clinically studied phytoestrogens such as soy isoflavones, diadzein, and genistein. Naturemax™ is a creamy, delicious, satisfying drink enriched with easily digestible soy protein, fibers, enzymes, amino acids, vitamins, essential minerals and powerful antioxidants.\*

#### The "Naturemax" Difference

- Our **Naturemax Protein** (Non-GMO) is an isolated soy protein. It is equivalent in protein quality to milk or egg protein and meets or exceeds the Essential Amino Acids Requirements of children & adults.
- **Earthrise®** Spirulina – a high quality, pure spirulina. It is rich in protein (65%) and is an excellent source of essential amino acids, gamma linolenic acid (GLA), vitamin B12, vitamin C, chlorophyll, iron, RNA, DNA, and trace minerals. (Spirulina can be contaminated with heavy metals, which is why we only use Earthrise® Spirulina, known for its high quality.)
- **Wheat Grass Juice & Barley Grass Juice** – are high quality green juices. They are rich in chlorophyll, beta-carotene, calcium, vitamin C, and many other vitamins and minerals not commonly found in food.
- **Enzymax®** – a vital digestive enzyme complex that helps you absorb the nutrients you need to stay healthy.\*
- **TRAACS®** Chromium – an important trace mineral that has been found to be more biologically active than other similar compounds.\*
- **L-Carnitine** – supports optimal health as it plays a main role in fatty acid metabolism.\*
- Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. Two servings of Naturemax™ provide 40 grams of soy protein.
- CERTIFIED KOSHER - DOCTOR FORMULATED

As a dietary supplement for weight control, combine Naturemax™ with Maxi Thin Supreme®, D&S Control and Maxi Green Tea Concentrate.\*

Directions: As a dietary supplement add one measuring scoop (included) of Naturemax Plus to 8 fl. oz. (or more) of cold skim milk, whole milk or juice, once daily, or as directed by a qualified healthcare professional. (For best results use blender or mixer.)

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Some people may be allergic to soy or soy products. You should always consult your doctor for medical advice.

Sold by weight not volume. Contents may settle during shipping & handling. Keep tightly closed in a cool, dry place. Keep out of reach of children.



Manufactured in USA for:

**MaxiHealth®**

1309 AVE. U, BROOKLYN, N.Y.

www.maxihealth.com

Questions? info@maxihealth.com



Natural Vanilla Flavor

Enriched With L-Carnitine & Whole Food Blend

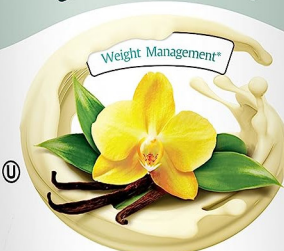
Kosher Paree



# NatureMAX ORIGINAL™

DIETARY SUPPLEMENT

SOY PROTEIN



Weight Management\*



1.06 lb. (482.40 grams)

Live life to the fullest

**MaxiHealth®**

True to total wellness™



Meal Replacement



## Nutrition Facts

Serving Size 1 Scoop (Approximately 30 Grams)

Servings Per Container About 16

| Amount Per Serving                                                    | % Daily Value** |
|-----------------------------------------------------------------------|-----------------|
| Calories                                                              | 110             |
| Calories from Fat                                                     | 10 *            |
| Calories from Saturated Fat                                           | 2 *             |
| Total Fat 1g                                                          | <2 %            |
| Saturated Fat 0.2 g                                                   | 1 %             |
| Monounsaturated Fat 0.1 g                                             | *               |
| Polyunsaturated Fat 0.5 g                                             | *               |
| Cholesterol 0 mg                                                      | 0 %             |
| Sodium 210 mg                                                         | 9 %             |
| Potassium 30 mg                                                       | 1 %             |
| Total Carbohydrates 5 g                                               | 2 %             |
| Dietary Fiber 1 g                                                     | 4 %             |
| Added Sugars 3 g                                                      | 6 %             |
| Other Carbohydrates 0.4 g                                             | *               |
| Protein 20 g                                                          | 40 %            |
| Vitamin A (as palmitate) (750 mcg)                                    | 83 %            |
| Vitamin C (as ascorbic acid) (60 mg)                                  | 67 %            |
| Vitamin D3 (as cholecalciferol) (5 mcg)                               | 25 %            |
| Vitamin E (as d-alpha tocopheryl succinate) (20 mg)                   | 133 %           |
| Thiamin (Vitamin B-1) (as thiamine mononitrate) (1.5 mg)              | 125 %           |
| Riboflavin (Vitamin B-2) (1.7 mg)                                     | 131 %           |
| Niacin (Vitamin B-3) (as niacinamide) (20 mg)                         | 125 %           |
| Vitamin B-6 (as pyridoxine HCl) (2 mg)                                | 118 %           |
| Folate (as folic acid) (666 mcg DFE)                                  | 167 %           |
| Vitamin B-12 (as cyanocobalamin) (6 mcg)                              | 250 %           |
| Biotin (300 mcg)                                                      | 1000 %          |
| Pantothenic acid (as d-calcium pantothenate) (10 mg)                  | 200 %           |
| Choline (as choline bitartrate) (20 mg)                               | 4 %             |
| Calcium (as calcium carbonate and naturally present) (345 mg)         | 27 %            |
| Iron (as ferrous fumarate and naturally occurring) (7 mg)             | 39 %            |
| Phosphorus (naturally occurring) (185 mg)                             | 15 %            |
| Iodine (as potassium iodide) (150 mcg)                                | 100 %           |
| Magnesium (magnesium oxide and naturally occurring) (80 mg)           | 19 %            |
| Zinc (as zinc oxide) (15 mg)                                          | 136 %           |
| Selenium (as selenium amino acid chelate) (70 mcg)                    | 127 %           |
| Copper (naturally occurring) (0.3 mg)                                 | 33 %            |
| Manganese (as manganese sulfate) (5 mg)                               | 217 %           |
| Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate) (100 mcg) | 286 %           |
| Molybdenum (as bisglycinate Chelate) (50 mcg)                         | 111 %           |

\* Daily Value not established.

\*\* Daily Values are based on a 2,000 calorie per day diet.

## Amino Acid Profile

|               | mg per scoop |
|---------------|--------------|
| Alanine       | 1571         |
| Arginine      | 704          |
| Aspartic acid | 3450         |
| Cystine       | 784          |
| Glutamic Acid | 9546         |
| Glycine       | 554          |
| Histidine     | 544          |
| Isoleucine    | 1267         |
| Leucine       | 3322         |
| Lysine        | 2906         |
| Methionine    | 898          |
| Phenylalanine | 966          |
| Proline       | 1678         |
| Serine        | 1561         |
| Threonine     | 2176         |
| Tryptophan    | 550          |
| Tyrosine      | 838          |
| Valine        | 1872         |

**Other ingredients:** Isolated soy protein (Non-GMO), fructose, maltodextrin, psyllium husk powder, xanthan gum, natural flavor, lecithin (from sunflower), inositol, L-Carnitine (50 mg), Earthrise® spirulina, apple pectin, citrus bioflavonoid complex, Enzymax® (calcium carbonate, bromelain, papain, lipase, amylase, protease, silica), papaya fruit powder, organic barley grass powder, organic wheat grass powder.

**Contains Soybeans**  
**Non-GMO Soy Protein**  
**Non-Dairy**  
**Gluten-Free**

This product contains NO wheat, yeast, artificial flavors, or colorings.

Earthrise® is a registered trademark of Earthrise Farms.

Enzymax®, a vital digestive enzyme complex, is a registered trademark of Maxi Health Research® LLC.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

This product was manufactured in a GMP Certified facility.



**Weight Management\***

**Abundant Energy\***

