

Maxi-Health Research® is proud to provide you with our most advanced dietary supplement, Naturemax Plus. Naturemax Plus is professionally formulated to provide you with all the nutrients you need to stay healthy and fit. Our proprietary formula is rich in clinically studied phytoestrogens such as soy isoflavones, daidzein, and genistein. Naturemax Plus is a creamy, delicious, satisfying drink enriched with, easily digestible soy protein, fibers, enzymes, amino acids, vitamins, essential minerals and powerful antioxidants.

The "Naturemax Plus" Difference

- Our **Naturemax Plus Protein (Non-GMO)** is an isolated soy protein. It is equivalent in protein quality to milk or egg protein and meets or exceeds the Essential Amino Acids Requirements of children & adults.*
- **Earthrise® Spirulina** – a high quality, pure spirulina. It is rich in protein (65%) and is an excellent source of essential amino acids, gamma linolenic acid (GLA), vitamin B12, vitamin C, chlorophyll, iron, RNA, DNA, and trace minerals. (Spirulina can be contaminated with heavy metals, which is why we only use Earthrise® Spirulina, known for its high quality.)
- **Wheat Grass Juice & Barley Grass Juice** – are high quality green juices. They are rich in chlorophyll, beta-carotene, calcium, vitamin C, and many other vitamins and minerals not commonly found in food.
- **Enzymax®** – a vital digestive enzyme complex that helps you absorb the nutrients you need to stay healthy.*
- **TRAACS® Chromium** – an important trace mineral that has been found to be more biologically active than other similar compounds.*
- **L-Carnitine** – supports optimal health as it plays a main role in fatty acid metabolism.*
- *Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. Two servings of Naturemax Plus provides 40 grams of soy protein.

CERTIFIED KOSHER - DOCTOR FORMULATED

As a dietary supplement for weight control combine Naturemax Plus with Maxi Thin Supreme®, D&S Control and Maxi Green Tea Concentrate.*

Directions: As a dietary supplement add one measuring scoop (included) of Naturemax Plus to 8 fl. oz. (or more) of cold skim milk, whole milk or juice, 1-3 times daily, or as directed by a qualified healthcare professional. (For best results use blender or mixer.)

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Some people may be allergic to soy or soy products. You should always consult your doctor for medical advice.

Sold by weight not volume. Contents may settle during shipping & handling. Keep tightly closed in a cool, dry place. Keep out of reach of children.



Manufactured in USA for:
Maxi-Health®
True to total wellness™
1309 AVE. U, BROOKLYN, N.Y.
www.maxihealth.com

Questions? info@maxihealth.com



NatureMAX PLUS™

DIETARY SUPPLEMENT

SOY PROTEIN



Natural
Chocolate Flavor

Enriched With L-Carnitine
& Whole Food Blend

1 lb. (454 grams)
Live life to the fullest

Maxi-Health®

True to total wellness™

Meal Replacement



Nutrition Facts

Serving Size 1 Scoop (approx. 28 grams)
Servings Per Container About 16

Amount Per Serving	Naturemax Plus	With 1 cup of Skim Milk
Calories	100	180
Calories from Fat	10	10
Calories from Saturated Fat	2	2
		% Daily Value**
Total Fat 1 g	2%	2%
Saturated Fat 0.3 g	2%	2%
Monounsaturated Fat 0.2 g	*	*
Polysaturated Fat 0.5 g	*	*
Sodium 210 mg	9%	14%
Potassium 73 mg	<2%	<2%
Total Carbohydrates 2.3 mg	<2%	5%
Dietary Fiber 0.9 g	4%	4%
Sugars 1.4 g	*	*
Other Carbohydrates 0.4 g	*	*
Protein (Isolated Soy Protein) 20 g	40%	56%

Vitamin A (2700 IU)	54%	64%
Vitamin C (80 mg)	100%	100%
Calcium (300 mg)	30%	60%
Iron (5.5 mg)	33%	33%
Vitamin E (20 IU)	50%	76%
Vitamin K (naturally occurring) (1 mcg)	<2%	<2%
Thiamin (Vitamin B-1) (1.5 mg)	100%	110%
Vitamin B-2 (niacin) (1.7 mg)	100%	120%
Niacin (Vitamin B-3) (20 mg)	100%	100%
Vitamin B-6 (2 mg)	100%	100%
Folate (400 mcg)	100%	100%
Vitamin B-12 (6 mcg)	100%	120%
Biotin (300 mcg)	100%	100%
Pantothenic acid (10 mg)	100%	110%
Phosphorus (naturally occurring) (1165 mg)	25%	45%
Iodine (150 mcg)	100%	100%
Magnesium (80 mg)	20%	25%
Zinc (15 mg)	100%	110%
Selenium (70 mcg)	100%	100%
Copper (naturally occurring) (0.35 mg)	18%	18%
Manganese (5 mg)	250%	250%
Chromium (100 mcg)	83%	83%
Molybdenum (50 mcg)	87%	87%

* Daily Value not established.
** Percent Daily Values are based on a 2,000 calorie diet.

Weight Management®

Abundant Energy®

Amino Acid Profile

mg per scoop

Alanine	776
Arginine	1540
Aspartic acid	2216
Cysteine	172
Glutamic Acid	2600
Glycine	774
Histidine	486
Isoleucine	880
Leucine	1500
Lysine	1194
Methionine	223
Phenylalanine	894
Proline	858
Serine	1240
Threonine	658
Tryptophan	240
Tyrosine	740
Valine	886

Ingredients: Isolated soy protein (Non-GMO), cocoa powder, pyruilum husk, calcium carbonate, dextrose, guar gum, acacia gum, magnesium oxide, natural chocolate flavor, monk fruit extract, xanthan gum, lecithin (from sunflower), ascorbic acid, Inositol, L-carnitine, (50 mg), choline bitartrate, Earthrise® spirulina, d-alpha tocopheryl succinate, niacinamide, zinc oxide, apple pectin, manganese sulfate, ferrous fumarate, d-calc pantothenate, retinyl palmitate, citrus bioflavonoid complex, Enzymax® (calcium carbonate, bromelain, papain, lipase, amylase, protease, silical), Selenium glycinate complex, papaya fruit powder, organic barley grass powder, organic wheat grass powder, TRAACS® Chromium glycinate chelate, cholecalciferol, pyridoxine HCl, molybdenum bisglycinate chelate, riboflavin, thiamine mononitrate, folic acid, biotin, potassium iodide, cynoscobalamin.

Contains soybeans.

Non-GMO Soy Protein

Non-Dairy

Gluten-Free

No Added Sugar

This product contains NO wheat, artificial flavors, or colorings.

Earthrise® is a registered trademark of Earthrise Farms.

Enzymax®, a vital digestive enzyme complex, is a registered trademark of Maxi Health Research® LLC.

TRAACS® is a registered trademark of Abbot Laboratories, Inc.

This product was manufactured in an NSF GMP Certified facility.

