

Maxi-Health Research® is proud to provide you with our most advanced dietary supplement, Naturemax Energize™. Naturemax Energize™ is professionally formulated to provide you with all the nutrients you need to stay healthy and fit. Naturemax Energize™ is a creamy, delicious, satisfying drink enriched with easily digestible whey protein, fibers, enzymes, amino acids, vitamins, essential minerals and powerful antioxidants.*

The "Naturemax Energize" Difference

- **Naturemax Energize™ Whey Protein** (Non-GMO) is a hormone-free whey protein (we do not use synthetic hormones to treat the cows such as rBST & rBGH) with a unique array of amino acids, the building blocks of skin, hair, nails, muscles, that help your body function normally, and even your immune system. Whey protein is especially beneficial for active lifestyles.
- **Earthrise® Spirulina** – a high quality, pure spirulina. It is rich in protein (65%) and is an excellent source of essential amino acids, gamma linolenic acid (GLA), vitamin B12, vitamin C, chlorophyll, iron, RNA, DNA, and trace minerals. (Spirulina can be contaminated with heavy metals, which is why we only use Earthrise® Spirulina, known for its high quality.)
- **Wheat Grass Juice & Barley Grass Juice** – are high quality green juices. They are rich in chlorophyll, beta-carotene, calcium, vitamin C, and many other vitamins and minerals not commonly found in food.
- **Enzymax®** – a vital digestive enzyme complex that helps you absorb the nutrients you need to stay healthy.*
- **TRAACS® Chromium** – an important trace mineral that has been found to be more biologically active than other similar compounds.*
- **L-Carnitine** – supports optimal health as it plays a main role in fatty acid metabolism.*
- **Gluten Free** • **Non-GMO Whey Protein**
- **Higher Branched Chain Amino Acids (BCAAs)**

• CERTIFIED KOSHER - DOCTOR FORMULATED

As a dietary supplement for weight support combine Naturemax Energize™ with Maxi Thin Supreme®, D&S Control and Maxi Green Tea Concentrate.

Directions: As a dietary supplement add one measuring scoop (included) of Naturemax Energize™ to 8 fl. oz. (or more) of cold skim milk, whole milk or juice, 1-3 times daily, or as directed by a qualified healthcare professional. (For best results use blender or mixer.)

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Sold by weight not volume. Contents may settle during shipping & handling. Keep tightly closed in a cool, dry place. Keep out of reach of children.



Manufactured in USA for:
MaxiHealth®
True to total wellness™
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BROOKLYN, N.Y.
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Questions? info@maxihealth.com



Enriched With L-Carnitine
& Whole Food Blend



NatureMAX ENERGIZE™

DIETARY SUPPLEMENT

WHEY PROTEIN



1.13 lb. (511 grams)

Live life to the fullest

MaxiHealth®
True to total wellness™

Nutrition Facts

Serving Size 1 Scoop (approx. 37.94 grams)
Servings Per Container About 13.4

	Naturemax Energize	With 1 cup Skim Milk
Amount Per Serving		
Calories	141 (7%)	221 (11%)
Calories from Fat	1	2
	%Daily Value**	
Total Fat 2 g		3%
Saturated Fat 1.3 g		7%
Monounsaturated Fat 0.6 g		*
Polysaturated Fat 0.1 g		*
Cholesterol 42mg		14%
Sodium 50 mg		2%
Potassium 175 mg		5%
Total Carbohydrates 5.2 g		<2%
Dietary Fiber 1.3 g		5%
Sugars 3 g		*
Other Carbohydrates 0.9 g		*
Protein from whey protein concentrate 25g	50%	68%

Vitamin A (as retinyl acetate and naturally occurring) 5000 IU	50%	60%
Vitamin C (as ascorbic acid) 60 mg	100%	100%
Vitamin D3 (as cholecalciferol) 10 IU	50%	70%
Vitamin E (as d-alpha-tocopherol succinate) 10 IU	100%	100%
Vitamin K (as naturally occurring) mg	<2%	<2%
Thiamin (vitamin B-1) 1.0 mg	100%	110%
Vitamin B-2 (as riboflavin) 0.7 mg	100%	120%
Niacin (vitamin B-3) as niacinamide 100 mg	100%	100%
Vitamin B-6 (as pyridoxine HCl) 2 mg	100%	100%
Folate (as folic acid) 400 mcg	100%	100%
Vitamin B-12 (as cyanocobalamin) 0.5 mcg	100%	120%
Biotin (vitamin B-7) 100 mcg	100%	100%
Pantothenic acid (vitamin B-5) 100 mg	100%	110%
Calcium (as calcium carbonate and naturally occurring) 400 mg	40%	76%
Iron (as ferrous fumarate and naturally occurring) 10mg	22%	22%
Phosphorus (naturally occurring) 300 mg	9%	34%
Sodium (as sodium chloride) 100 mg	100%	100%
Magnesium (magnesium oxide and naturally occurring) 100 mg	25%	30%
Zinc (as zinc oxide) 10 mg	100%	110%
Selenium (as amino acid chelate) 100 mcg	100%	100%
Copper (naturally occurring) 10 mg	18%	18%
Manganese (as manganese sulfate) 5 mg	250%	250%
Chromium (as TRAACS Chromium Nicotinate Hexahydrate) 700 mcg	833%	833%
Molybdenum (as sodium molybdate) 50 mcg	67%	67%

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

Weight Management®

Amino Acid Profile

	mg per scoop
Alanine	1571
Arginine	704
Aspartic acid	3450
Cysteine	784
Glutamic Acid	5546
Glycine	534
Histidine	544
Isoleucine	1387
Leucine	3332
Lysine	2965
Methionine	688
Phenylalanine	988
Proline	1878
Serine	1581
Threonine	2176
Tryptophan	550
Valine	838
Valine	1872

Other Ingredients: whey protein concentrate, maltodextrin, psyllium husk powder, guar gum, xanthan gum, natural flavor, monk fruit extract, lecithin (from sunflower), Stevia rebaudiana extract, silicon dioxide, inositol, L-Carnitine (50 mg), choline bitartrate, Earthrise® spirulina, apple pectin, citrus bioflavonoid complex, Enzymax® (calcium carbonate, bromelain, papain, lipase, amylase, protease, silica), pappaya fruit powder, organic barley grass powder, organic wheat grass powder.

Contains Milk
Non-GMO whey Protein
Soy free
Gluten free
No Added Sugar
Hormone, rBST & rBGH free

This product contains NO wheat, yeast, salt, artificial flavors, or colorings.
Earthrise® is a registered trademark of Earthrise Farms.

Enzymax®, a vital digestive enzyme complex, is a registered trademark of Maxi Health Research® LLC.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

This product was manufactured in an NSF GMP Certified facility.

