

**Directions:** Take one (1) or two (2) Maxicaps™ at bedtime, or as directed.

If pregnant or nursing, consult your healthcare practitioner before using any dietary supplement.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VEGETARIAN  
CERTIFIED KOSHER  
DOCTOR FORMULATED



Manufactured in USA for:

**MaxiHealth®**  
True to total wellness™

800-544-MAXI (6294)  
BROOKLYN, N.Y.

[www.maxihealth.com](http://www.maxihealth.com)

Questions? [info@maxihealth.com](mailto:info@maxihealth.com)



3/16

# MEL-O-MAX™

DIETARY SUPPLEMENT



SLEEP AID  
FORMULA\*



60 Maxicaps

Calm down and rest up

**MaxiHealth®**

True to total wellness™



## Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	%DV*
Melatonin	3 mg *
Passion flower ( <i>Passiflora incarnata</i> ) (flower & leaf)	200 mg *
Valerian extract ( <i>Valeriana officinalis</i> ) (roots, rhizomes, stolons) [std. for 1% valerenic acids (0.5 mg)]	50 mg *
Valerian root powder ( <i>Valeriana officinalis</i> )	500 mg *

\*%DV (Daily Value) not established.

**Other Ingredients:** Rice flour, vegetable cellulose, Enzymax® (calcium carbonate, bromelain, papain, lipase, amylase, protease, silica).

This product contains no animal products, wheat, sugar, soy, salt, yeast, gluten, milk, artificial flavors, colorings or preservatives.

Store tightly closed in a cool, dry place.

Keep out of reach of children.

This product was manufactured in a GMP Certified facility.



Enzymax®, a vital digestive enzyme complex, is a registered trademark of Maxi Health Research® LLC.

Serenity & Relaxation™

