

• HELPS YOU SLEEP SOUNDLY
• AWAKEN FRESH & ENERGIZED

NATURAL HERBAL SUPPLEMENT
RESTFUL • PEACEFUL • TRANQUIL SLEEP

SLEEP SOUNDLY™

NUTRITIONWORKS™

NUTRITIONWORKS™

SLEEP SOUNDLY™

NATURAL SLEEP FORMULA

Sleep Soundly™ is a powerful dietary supplement designed to help give you the peaceful sleep you need. Sleep Soundly™ is your natural alternative to help quiet the body as well as the mind.

Sleep Soundly™ is made up of Valerian Root, Wild Jujube Seeds and Magnesium. Valerian Root is approved by the German Commission E for nervousness. Medical folklore teaches that Wild Jujube Seeds may help calm the mind. Recent studies suggest that magnesium may help with tension. Sleep Soundly™ also contains a patented timed-release system that gently disperses the formula into your system for up to eight hours.

Don't let another day go by feeling tired and drained. Awaken feeling refreshed and energized instead. Take Sleep Soundly™, the powerful natural supplement designed to help you to get the rest you need.

Supplement Facts

Serving Size: 1 Caplet

	Amount Per Serving	% Daily Value
Magnesium (as magnesium oxide)	50 mg	12%
Valerian extract (root)	200 mg	*
Wild jujube extract (seed)	75 mg	*

*Daily value not established.

Other Ingredients: Dicalcium phosphate, guar gum, stearic acid, calcium carbonate, microcrystalline cellulose, anise oil, citrus pectin, magnesium stearate, silica and film coat ingredients (hypromellose, hydroxypropyl cellulose, polyethylene glycol, propylene glycol, titanium dioxide, FD&C yellow #5 lake, and FD&C yellow #6 lake).

DIRECTIONS: Take one caplet shortly before bedtime as a dietary supplement. An additional caplet may be taken if desired.

- Keep out of reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not use if inner seal is broken.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SLEEP SOUNDLY™

TAKE TO HELP PROMOTE A RESTFUL
AND PEACEFUL SLEEP.†

FOR RESTFUL & PEACEFUL SLEEP.†

SLEEP SOUNDLY™

- HELPS YOU FALL ASLEEP FAST.†
- 8 HOUR RELEASE HELPS ASSURE
A GOOD NIGHTS SLEEP.†

PATENTED
8 HOUR
RELEASE



Manufactured by:
Windmill™ Health Products
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DIETARY SUPPLEMENT • 45 CAPLETS