

YOUR COMPETITION'S WORST NIGHTMARE

HYDE® Nightmare was formulated for high-performance athletes who endure an excessive amount of physical and mental stress. Driven by clinically researched ingredients to improve muscular and mental performance, as well as replenishing lost fluids during rigorous activity. †

Suggested Use: To assess tolerance, mix ½ scoop of HYDE® Nightmare with 4oz of cold water. Once tolerance has been assessed, mix 1 scoop of HYDE® Nightmare with 6-8oz of cold water and consume 15-30 minutes prior to intense training or competition. Do not consume HYDE® Nightmare within 4 hours of bedtime. Do not take any other products that contain caffeine or stimulants while taking HYDE® Nightmare.

WARNING: This product is intended for healthy adults, 18 years of age or older. Consult a physician prior to using this, or any other dietary supplement. Do not take this product if you are pregnant or nursing, if you have or suspect you may have a medical condition, or if you are taking any prescription or over-the-counter medications. Do not exceed recommended serving. Exceeding recommended serving may cause adverse health effects. This product contains 300mg of caffeine, the equivalent of approximately 3 cups of coffee and may not be suitable for individuals who are sensitive to the effects of caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heartbeat. Immediately discontinue use and consult a qualified medical professional if you experience any adverse effects. KEEP OUT OF REACH OF CHILDREN.

WARNING FOR CALIFORNIA RESIDENTS: Consuming this product can expose you to lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: www.P65Warnings.ca.gov

Store in a cool, dry place. Content sold by weight not volume, some settling may occur. Protect from heat, light and moisture.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



PROSUPPS®

HYDE NIGHTMARE

INTENSE PRE-WORKOUT

LIGHTNING LEMON | NATURAL FLAVORS

30 SERVINGS | DIETARY SUPPLEMENT | NET WEIGHT 11.00 OZ (312G)

Supplement Facts

Serving Size: 1 Scoop (10.4g)

Servings Per Container: 30

	Amount Per Serving	%DV*
Sodium (from Himalayan Rock Salt)	80mg	3%
Vaso-Endure Matrix	6,500mg	
L-Citrulline	4,000mg	**
Beta-Alanine	2,500mg	**
Mental Resilience Intensifier	550mg	
Acetyl L-Carnitine HCl	250mg	**
Alpha-GPC (Alpha-Glyceryl Phosphoryl Choline 50%)	200mg	**
L-Theanine	100mg	**
3-FEINE Stim Matrix	300mg	
Natural Caffeine (from <i>Camellia sinensis</i> Extract)	125mg	**
Caffeine Anhydrous	100mg	**
Natural Caffeine (from <i>Coffea arabica</i> Extract)	75mg	**
Hydration & Replenishment Matrix	250mg	
Himalayan Rock Salt (Providing Electrolytes, Trace Minerals & Elements)	250mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Citric Acid, Malic Acid, Calcium Silicate, Silicon Dioxide, Natural Flavors, Sucralose, Resistant Maltodextrin, Beta Carotene.

Manufactured in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



MENTAL FOCUS¹



PERFORMANCE¹



ENERGY¹



CHOICE

**BANNED
SUBSTANCE
TESTED**

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LIGHTNING LEMON

NATURAL FLAVORS